



Seven Hills High School

A member of the Nirimba Collegiate group of schools

March
2020

Upcoming Events

March

- 11 P&C Meeting 6:30pm in the Library
Wyndham College Open Night
- 11-13 Year 7 Camp
- 16-20 Harmony Week activities
- 17 Multicultural Day Lunch
- 18 Stage 6 Information Evening 6.30pm
- 24 Year 9 PASS excursion
- 25-26 World's Greatest Shave
- 27 iEnterprise incursion Year 9&10 iStem classes
- 30 iEnterprise incursion Year 8 Self-Select
- 31 School Cross Country

April

- 1 Love Bites program Year 10
High Resolves Year 7
- 2 High Resolves Year 8
- 3 Year 7 Vaccinations
- 7 Easter Show excursion
Parent Teacher Evening 4.00pm – 8.00pm
- 8 P&C Meeting 6.30pm
- 9 ANZAC Ceremony
Last day Term 1

Seven Hills High School Parents and Citizens Association

Annual General Meeting 6.30pm March 11

Followed by our March meeting

At this month's meeting, we will be outlining current proposals for **the school's future senior uniform**.

All parents and community members are invited to attend.

Greg Johnstone

Principal

Year 11 2021 Update

The inaugural Nirimba Collegiate Senior Studies Information Evening was held on March 4 to answer queries that have arisen about senior school life, to explain to students and their parents the subject selection process and the relationship between the HSC and ATAR.

Wyndham College and Seven Hills High will be holding their Stage 6 Information Evenings next week, the details of which can be found later in this newsletter. I encourage all Year 10 students and their parents to attend both of these events.

Greg Johnstone

Principal

Johnson Avenue, SEVEN HILLS 2147.

Phone 9624 3329

Email: sevenhills-h.school@det.nsw.edu.au

Website: <http://www.sevenhills-h.schools.nsw.edu.au/>

The library at Seven Hills High School

A message to new students and a reminder to continuing students of Seven Hills High School that the school's library is open from 8:15 am most mornings, except for Wednesday (due to staff meetings occurring at that time). The library is also open and available to all students during recess on Monday – Thursday and during lunch on Monday – Friday.

There is a large selection of fiction and non-fiction books available to all staff and students for reading and borrowing. There is a 2 week loan period so if a book is borrowed, please remember to return it by the due date so that it can be borrowed by others. Please note that if there are any outstanding loans, no more books can be borrowed, until they have been returned, or if lost, paid for.

If any students would like to see a new book added to the library collection, please feel free to add it to the suggestion form located at the front desk. Student input is encouraged and thus, its inclusion into the library will be considered.

There are also computers available for students to use for research and completing assessment tasks during recess and lunch. When using a computer, please ensure that you have signed onto the register located at the front desk before logging onto the computer.

Furthermore, the library is a place for quiet and passive activities. There is an assortment of board games and card games for students to borrow during recess and lunch if they wish to spend their break times in a stimulating and calm indoor environment.

Welcome back to our library monitors: Ziah, Amy, Jaryd, Thomas and Jasmin, whose assistance in the library is much appreciated. They have reliably performed their duties that have included entering loaned and returned books using Oliver (the school library system), putting returned books back onto their shelves, keeping book shelves tidy, maintaining the games trolley, and preparing for the upcoming Multicultural Week and Harmony Week displays.

The library continues to be a centre for learning and hosts many opportunities for students to use this facility. During the week, SEL (Social and Emotional Learning) classes for Year 7 are timetabled into the library and the space provided makes learning more effective. Wide reading classes in the study of English for all years also use the library's facilities and recently, Food Technology classes in their literacy endeavours visited the library to practice spelling and vocabulary strategies. Homework Club takes place in the library on Tuesday and Wednesday afternoons from 3:10 – 4:00 pm. The library is a great place for students to visit when looking for learning support.

Sharon Bentwitch and Julie Wilk

Relieving teacher librarians

SRC Planning Day

On February 21, The SRC met for their annual planning day. The day started with multiple ice breaker activities, created by the school Captains, Zinken Zoleta and Aarfina Saad.

After these activities, we discussed what it takes to be a good leader. We then decided on certain events for the coming year and started our planning. These events were a mixture of activities that involved the whole school and events, outside of school, which were in support of various charities.

After lunch, all members of the SRC worked on upcoming events. These were planned by groups within the SRC, who are continuously working on their assigned event, trying to make the event run as smoothly as possible whilst also making sure it involves lots of fun activities.

Overall, the SRC Planning Day was very successful in organising events on the school calendar and building our leadership skills.

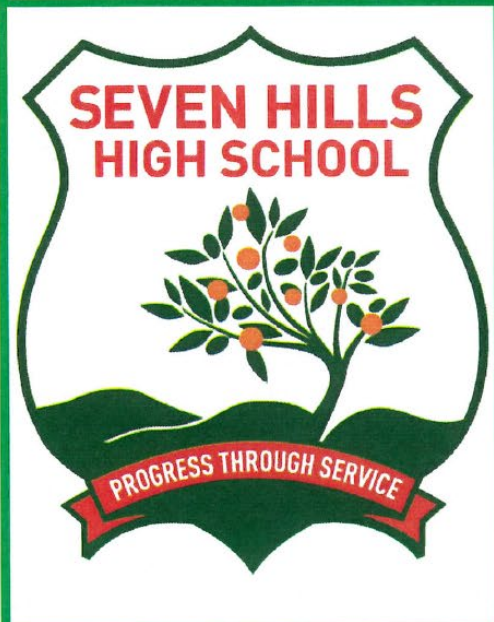
Zinken Zoleta

School Captain





6.30PM
IN
THE
HALL



STAGE 6 SUBJECT INFORMATION NIGHT

SEE WHAT SEVEN HILLS HIGH
SCHOOL HAS TO OFFER

MARCH
18
2020



SEVEN HILLS HIGH SCHOOL IS A PROUD MEMBER
OF THE NIRIMBA COLLEGIATE OF SCHOOLS



The Helmsman Project – Girls Group

Seven Hills High School is participating in the Helmsman Project again in 2020.

The girls attended a community project planning day on Tuesday, February 11, with three other schools. The girls had to plan and then 'pitch' their ideas to a panel for approval and a possible grant of \$500.00.



After the planning day, eight girls started their coaching journey by participating in a three-day adventure camp. The camp was held in the Belanglo State Forest on Monday, February 17, to Wednesday, February 19. The girls participated in hiking activities, abseiling, raft building and orienteering. The coaching sessions continued with reflection times. As the girls experienced each new challenge they were asked to reflect on how they could have done that differently.

The girls have now had one coaching session and will have four more to plan and prepare their community project.

Tonnie Slater

Careers Adviser



International Women's Day Breakfast

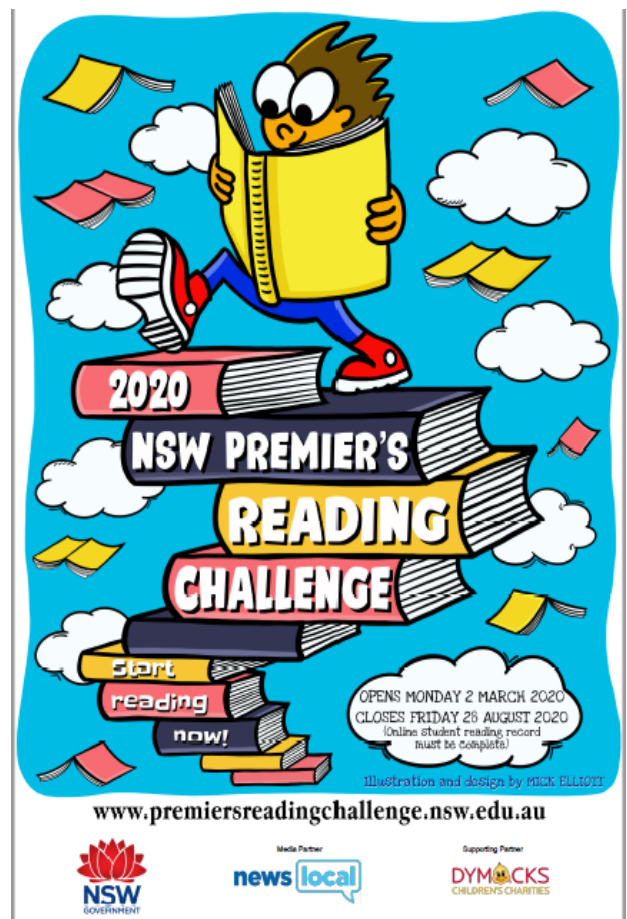
On the morning of March 4, three SRC students headed with me to Wyndham College's Tradewynds Café for the annual Women's Day Breakfast.

We heard some amazing speeches from Karen Smith, the Wyndham College Principal as well as other staff and students, whilst sharing an elaborate breakfast provided by the Wyndham hospitality students.

The event was a great display of solidarity in the ongoing quest for creating a gender equal world.

Daniel Way

Student Leadership Coordinator



2020
NSW PREMIER'S
READING
CHALLENGE

Start reading now!

OPENS MONDAY 2 MARCH 2020
CLOSES FRIDAY 28 AUGUST 2020
(Online student reading record must be complete)

Illustration and design by MICK ELLIOTT

www.premiersreadingchallenge.nsw.edu.au

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NSW GOVERNMENT

World's Greatest Shave

Who among us are brave enough to shave their heads and join the fight against blood cancer? On Wednesday March 25 and Thursday March 26, any who are willing will have this chance.

Those who take the challenge will be getting sponsors to donate to their cause. Students' heads will be shaved on Wednesday at lunchtime and teachers will be shaved on Thursday.

What if you don't want to shave your head? If you don't want to shave your head, there are plenty of other ways you can help. One of these is to give a \$5 donation and have your hair coloured. We've got some fun colours on offer like bright red, green and blue or even a combination! Colouring will take place in the morning and at recess.

Another way to join in is to bid to have the honour of shaving Mr MacLaren's or Mr Way's heads on Thursday. This is always a fun way to end the event and raise lots of much needed funds for blood cancer research.

You can also donate to the Seven Hills high School Shave Team at:

<http://my.leukaemiafoundation.org.au/sevenhillshighschool>

Get ready to shave for a cure,

I hope to see you all there!

Rachel Pilbeam

Vice-Captain



Literacy Leap for Term 1

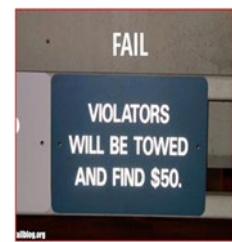
Helping your child at home with learning through Literacy can be daunting, but there are many strategies you can implement to assist and develop your child's Literacy. This Term is important for Years 7 and 9 in the lead up to NAPLAN testing on 12-14 May (Paper Tests). Consider some of the following suggestions you can try to help your child's Literacy Levels.

**Strategies for revising spelling...

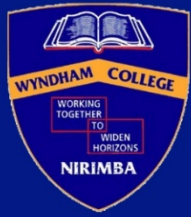
- write the list in alphabetical order
- find words within words (e.g. *sure* can be found in *measurement*)
- say the words in syllables (e.g. *con-tam-in-a-tion*)
- look for spelling rules (e.g. "i before e except after c" in *hygiene, ingredients, receipt*)
- look for spelling errors when out and about.



**Try these errors – Can you spot the misspelt words?



**Check with your child – test them on their vocabulary lists issued in each subject for each unit – have they copied the words into their book?



Wyndham College



SENIOR SCHOOL SPECIALISTS

OPEN NIGHT

6PM | WEDNESDAY
11TH MARCH



NIRIMBA EDUCATION PRECINCT
EASTERN ROAD, QUAKERS HILL



Wellbeing News

The beginning of the Year has seen the Wellbeing Team working hard to ensure not only Year 7 but the rest of the year groups have a smooth transition into their new schooling year.

Our first major activity was **Smooth Walking**. It was great to see six of our local primary schools attend over the past few weeks. During the day, students and staff gain an insight into high school life. The students thoroughly enjoyed the program, with positive feedback received about the Peer Support Leaders and Helpers involved in the days.

Thursday February 28 saw us host our annual **Meet the Teacher BBQ**. It was a great to see so many Year 7 families attending and having the opportunity to discuss, on an informal basis, the progress of their students.

On Thursday March 5, we held **Open Night**. Despite the rain, we had a great turn out and it was pleasing to see the excitement in so many students when they had the opportunity to explore our facilities. We would like to thank the P&C for running the BBQ, which gave staff the opportunity to liaise with students and their parents.

Year 7 Camp is fast approaching, if you have not finalised your payments, could you please arrange this as soon as possible. Notes were handed out last week informing them on what to bring to camp, if your student needs a note they are to see Mrs Stace. If you have any questions regarding camp, please do not hesitate to contact the school.

Harmony Week is being held in Week 8 (Monday 16th – Friday 20th March). During Harmony Week, students will be able to celebrate their heritage, differences and what connects us as a school and wider community. The week will begin with student led presentations on anti-bullying and Multiculturalism on the Monday, followed by **Multicultural Lunch** on the Tuesday. The lunch is one of the biggest events of the year with each faculty preparing food from different parts of the world for the students and hosting the lunch in the hall, prices range from 50c to \$3. Students can also support the event by bringing food from their own cultural background.



If you and/or your child would like to contribute to the luncheon, please see their Year Adviser for further details.

We will have activities throughout the week, including Games Day during lunchtime on the Wednesday and Staff v's Students Netball on the Thursday. Harmony Week will conclude on the Friday with Grade Day. During **Grade Day**, students come to school dressed in the theme chosen by the year group. They spend the day working collaboratively as a Year Group, solving problems and playing team-building games. The day finishes with Grade vs Grade to see which Year Group can work together the best. If you or your child has any questions regarding Harmony week, please speak to their Year Adviser or myself.

Carissa Howell

Numeracy Tip # 1

Developing numeracy skills for teens with part-time jobs or thinking about getting one.

Is your child developing the knowledge and skills to make good financial decisions? Here are some suggestions to assist them develop good financial habits.

A budget

Ask them to develop a budget, thinking about how much money they should save or spend. A healthy financial habit for our teens is to regularly save a set amount.

Incentives for long term saving (savings goals) include putting money away for the expenses of running and owning a car.

A good suggestion for teens, is to keep a record of what they are spending. If they cannot remember- then they should save the amount that they cannot account for. This reduces careless spending.

A budget helps develop the value of money and sets up positive saving and spending habits.

Bank Account

Teens need to learn how to read bank statements and understand charges. Understanding costs attached to cash withdrawals at a Non-Bank ATM can save our kids lots of unnecessary expense.

Encourage your child to look around for the best savings

account. If they have a regular part time job then an automatic savings deposit from their pay will make saving easier.

Ensure your child understands security of account numbers, pins and financial details, and safe practices when debiting money from ATMs in public places.

Further information and ideas can be found on the Moneysmart website (<https://moneysmart.gov.au/teaching-resources/teens-talk-money>).

Joanne Andrew

Numeracy Coordinator

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Expression

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