



Seven Hills High School

A member of the Nirimba Collegiate group of schools

Newsletter

March 2019

Upcoming Events

March

- 12 Year 10 Subject Information Night – Wyndham College
- 13 P&C Meeting 7:30pm in the Library
- 15 World's Greatest Shave Initiative
- 18 Harmony Week
- 19 Multicultural Day Lunch
- 22 Grade Day

April

- 2 Premiers Sporting Challenge – Learn to Lead Day
- 3 SHHS School Cross Country
- 8 Helmsman Project Camp
- 10 Parent/Teacher Night
- P&C Meeting 7:30pm in the Library

Seven Hills High School Parents and Citizens Association

Annual General Meeting 7.30pm March 13

Followed by our March meeting

I encourage all parents and community members to attend to have input into the school and to learn about what is taking place in classrooms on a daily basis.

At this month's meeting, we will begin planning for our school's 60th Anniversary events and hear from Joanne Andrew, Head Teacher Mathematics.

Greg Johnstone

Principal

Harmony Week

March 18-22

Celebrating Diversity, Valuing Community

Johnson Avenue, SEVEN HILLS 2147.

Phone 9624 3329

Email: sevenhills-h.school@det.nsw.edu.au

Website: <http://www.sevenhills-h.schools.nsw.edu.au/>

Blacktown Zone Swimming Carnival

On Thursday, February 21, Seven Hills High School took a team of 17 students to represent our school in the Blacktown Zone Swimming Carnival.

Throughout the day the team competed in individual events, such as 100m freestyle, 100m breaststroke, 100m backstroke and 50m Freestyle.



Our Team included – Erin, Amy, Ziah, Andy, Ethan, Zinken, Paige, Cameron, Philip, Alexia, Eloise, Luke and Kyle

Congratulations to Kyle Cavanagh on his fantastic swim in the following events:-

1. 100m Breaststroke 15Y boys – second place.
2. 100m Freestyle 15Y boys – second place.
3. 100m Backstroke 15Y boys – second place.

Kyle will now represent the Blacktown Zone at the Sydney West Regional Carnival at Homebush on 11th March 2019.

Tonnie Slater

Election Day BBQ and Cake Stall

March 23

Fund raising for the Year 10
Formal and your P&C

CHINESE LANGUAGE CLUB 中文俱乐部

CLC launching soon!

Invitation to Chinese excursions

Lunch activities and prizes

Complimentary subscription to
Education Perfect

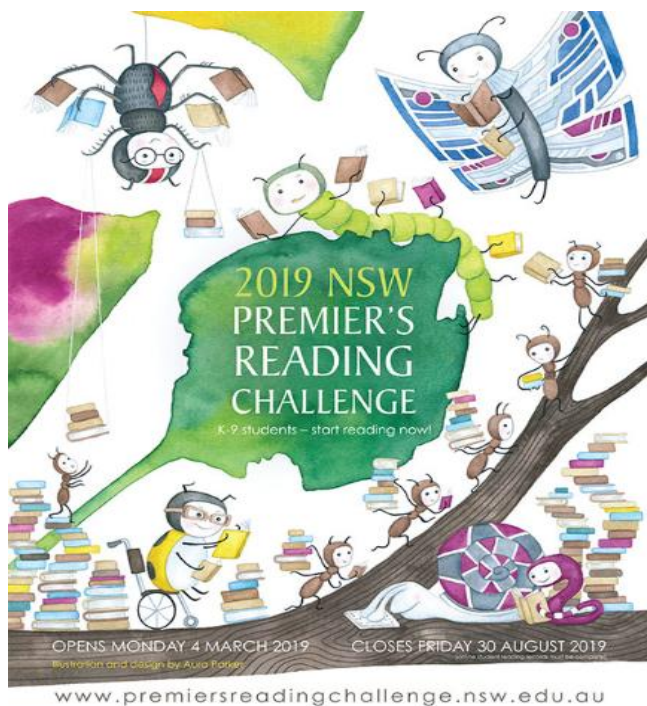
Entry into the World Championships

Opportunity to build on the Year 7
skills already acquired

Practise speaking and listening skills
with other students



All Year 7 and 8 students interested in
joining see Mr Harper or Mrs Andrew by
the end of Week 7.



Blacktown Youth Forum

On the 21st of February, 10 members of the SRC participated in the Blacktown Youth Forum. Students spoke about the many things we face as a whole, with other young people in the Blacktown region. Topics such as: Violence in Youth, Mental Illness and Racial and Gender Inequalities, were talked about throughout the day.

In the beginning, we were introduced to many people, whether it was someone who was a part of the council, or the youth ambassadors, everyone had a say in what the future could hold for Blacktown. To put it simply, it was a day where kids, just like us, were able to speak and to be heard.

Overall it was a good day and we had many heated discussions. Something to take from the experience that I hope others do as well is, it's up to our generation to change what the next one should learn. Even if it is a small change it affects how the world sees us, and how in turn, we see the world.

Annie Kereopa
School Captain

The 2019 Premier's Reading Challenge is open!

Dear Parents and Carers,

Your child has been invited to take part in this year's NSW Premier's Reading Challenge (PRC).

What does the challenge involve?

To become involved in the challenge, **Years 7-9** students need to read **20 books**, 15 of these books must be on the PRC booklists and five books can be of their own choice.

PRC books are found in our school library and in local council libraries.

For the PRC booklists, please visit: <https://online.det.nsw.edu.au/prc/booklist/home.html>

All the information is contained on the PRC website including the booklist for each level of the challenge:

<https://online.det.nsw.edu.au/prc/rules.html>

Happy Reading!

Contact me in the Library for more details or questions.

Bruce Stewart

Librarian



Encouraging Student Positivity in the Mathematics Classroom

Over the years, I have consistently seen attitudes and behaviours that lead to success when learning maths. I believe all students have the potential to do well if they show determination and consistently apply themselves. Strategies which lead to success with maths include:

- Having a positive mindset growth
- Listening to the explanation and examples provided by the teacher at the beginning of the lesson.
- Completing all classwork
- Completing all homework, including Mathletics
- Turning up on time with the correct equipment
- Regularly revising and studying
- Knowing how to use your scientific calculator
- Persevering
- Having reasonable expectations at the beginning of a topic or lesson, don't give up!
- Seeking assistance – homework centre, online Mathletics tutorials, peers, siblings, your classroom teacher

Growth Mindset refers to the belief that abilities can be developed as opposed to a fixed mindset which is the belief that intelligence or math ability is simply a fixed trait. Research continues to provide evidence that students with a growth mindset are at a significant advantage compared to students who believe that their abilities cannot be developed.

Our students need to know they are not alone and that everybody faces math obstacles at some point. Being prepared with strategies, such as, having a growth mindset and a positive attitude towards maths, plus a willingness to persevere, will assist all students to learn.

I highly recommend Carol Dweck's research article, "Mindsets and Math/Science Achievement," which delves deeply into a variety of research studies supporting the success students experience when they have a positive growth mindset.

Please help us to reinforce the need for perseverance when learning new things. Share some of your own stories about when you had to learn something new. Some great messages include "you don't know it **yet**", "it takes times to learn something new" and "keep trying". Ask your children to describe their study efforts and habits and together develop a new routine. Asking your children to make suggestions about ways they can improve, is also effective.

I hope these suggestions assist you and I look forward to seeing lots of positivity and hard work in the future.

Joanne Andrew

Head Teacher Mathematics

MATHEMATICS HOMEWORK 2019

Every student has maths homework!

Students are expected to strive for 1000 points from Monday to Sunday each week of the school term.

The goal is for each student to work through all topics listed under LEARN. At times activities will be assigned, otherwise the students choose their own but there is always homework to be completed.

Some classes have additional or alternate homework. Students in Years 7 and 9 also have a Take Home Assessment at the moment.

Year 7 Camp

From the 25th to the 27th of February, 40 Year 7 students went to the Great Aussie Bush camp at Kincumber. We spent quality time with 8 Peer Support Leaders, and three awesome teachers, having a blast.



This camp wouldn't have happened without the help of several people.

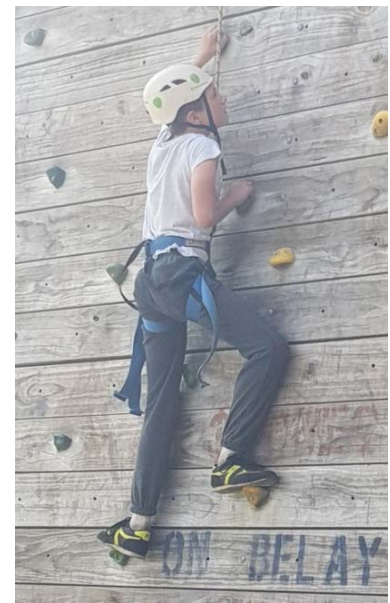
On behalf of Year Seven, we would like to thank Ms Sidorovich, Mrs Howell, Mr Way and also our Peer Support Leaders, for taking their time away from their schooling, family and work.

Aneliese, Rihanna & Jorjia

Year 7

At the camp, we participated in a variety of activities, such as leap of faith, high ropes, mud run, raft building, power fan, giant swing, rock climbing and commando that helped us to create stronger relationships with our peers and realise that we could do anything with just a bit of encouragement. We all tried our best and wore smiles on our faces.

By the end of camp, everyone knew each other and were proud of their own achievements.



What is Numeracy?

To be numerate is to confidently and effectively use mathematics to meet the everyday demands of life.

Why is numeracy important?

Numeracy enables you to develop logical thinking and reasoning strategies in your daily life. We need numeracy to solve problems and make sense of time, numbers, patterns and shapes for activities like cooking, reading a map or bill, reading instructions and even playing sport.

Ways to support a child's numeracy development

There are many everyday things you can do to encourage numeracy learning.

These include:

- encouraging your child to use mathematical language — how much, how big, how small, how many
- discussing the use of numbers, patterns and shapes in your day-to-day life — numbers found on library books, spatial patterns or shapes in playgrounds, in the home and architecture
- talking about occasions when you are using mathematics in daily jobs and real-life situations — cooking, map reading, building and playing sport
- exploring situations using money such as shopping, budgets and credit cards
- estimating, measuring and comparing lengths and heights, how heavy or light things are and how much containers hold
- talking about different ways to solve a problem
- using everyday tools like tape measures or kitchen scales and discussing the units of measure
- asking 'does that make sense?', 'is the answer reasonable?' or 'what other ways could we do this?'

- observing and using timetables, calendars and clocks for different purposes like study periods, holiday planning and catching public transport
- helping your child to work out how much things cost and what change they will receive
- playing number games using magazines, books, newspapers and number plates
- organising, categorising and counting collections of things like toys, books, clothing and shoes.
- discussing strategies in games, sports matches, board games, cards and dice activities
- considering elapsed time, "If the movie starts at 4.15pm and goes for 132minutes, what time should I pick you up?"

SEVEN HILLS HIGH

2019



SCHOOL CHESS TOURNAMENT

- **CHECK YOUR DRAW OUTSIDE THE LIBRARY**
- **YOU HAVE 2 WEEKS (TILL 15TH OF MARCH) TO PLAY ALL 3 GAMES.**
- **CHECK THE BOARD FOR RESULTS.**
- **FINALS DRAW POSTED AND PLAYED WEEK 8**

International Women's Day Breakfast

Wyndham College hosted their annual International Women's Day Breakfast for the Collegiate on Wednesday, March 6. It was a privilege to attend with three of our SRC members, Ziah Burns (Year 8), Aarfina Saad (Year 9) and Brianna Seaman (Year 10) along with Ms Patel.

We heard from a number of guest speakers who are at different levels in their schooling/careers, but have all been successful in their own right. The girls thoroughly enjoyed the experience and are motivated for change. #Balance for Better



Wellbeing News

The beginning of the year has been a busy time for the Wellbeing Team, with a number of activities either completed or in the process of being organised:

The year started with a team of Year 10 students assisting Year 7 both inside and outside of the classroom as part of our Peer Support Program. It has been great to see these students take on the challenge with maturity and enthusiasm that has exceeded expectations.

Over the past few weeks we had Year 6 students from five of the local primary schools visit us with their for Smooth Walking. The program gives the students an opportunity to experience high school and reduce first day nerves when they start Year 7.

Once again, a number of students and staff assisted with Open Night, giving potential students and their parents the opportunity to visit the school and explore our facilities, the night would not have been a success without those involved.

On Wednesday, March 6, Year 7 parents had the opportunity to meet the teachers and find out what is happening in the classroom, in an informal setting. We have received positive feedback from both parents and teachers, who thoroughly enjoyed the night.

Carissa Howell

Rel. Head Teacher Wellbeing

Shave For a Cure

Thursday March 14 to Friday March 15, Seven Hills High School will be participating in the World Greatest Shave to support the Leukaemia Foundation. Students and their families can participate and help to raise money in a number of ways:

- 1) Paying \$5 to have their hair coloured in the morning on one of these days.
- 2) Volunteering to have their head shaved.
- 3) Bidding for the privilege of shaving one of several teachers' heads on Friday.
- 4) Sponsoring those who are getting their head shaved at the following link:

<http://my.leukaemiafoundation.org.au/sevenhillshighschool>

All proceeds will go towards the Leukaemia Foundation to help support them in the fight against blood cancer.

Thanks,

The Student Representative Council



Library Matters

Library Assistants

Fourteen students have been selected as part of the Library team to support the teacher Librarian and students during our busy lunch times. They will be given badges at an upcoming assembly once their training has advanced. This is a great opportunity to develop skills and friendships and I look forward to working with the team to make the Library better with more exciting contributions throughout the year.

Chess Tournament

The inaugural Seven Hills High Chess Tournament is underway, with 22 students competing. Each student will play three round robin games and has until Friday 15 to complete these.

Check your draw outside the Library and see me to help organise your games.

The top eight players will go on to the finals.

Stay tuned for updates!

Super 6 at Seven Hills High School

Staff at our school encourage all students to develop their literacy skills as a tool for learning. One strategy on which we're focussing is Super 6.

What is Super 6? These are six strategies that have been shown to help students understand what they're reading and learning. They are... Making Connections, Predicting, Questioning, Monitoring, Visualising and Summarising.

Each faculty has adopted a strategy for classes in each year and the variety of activities related to the strategy is giving students a deeper understanding of what they're learning.

For example, Year 7 students in PDHPE are taught how to summarise by using such devices as a Question Wheel as well as using more conventional methods (highlighting / dot points).

Year 8 students in Mathematics are making stronger connections to what they're learning through predicting content and strategies "based on problem solving".

Computers

The Library has twelve new PC's for students to use (for research and study) during recess and lunch time.

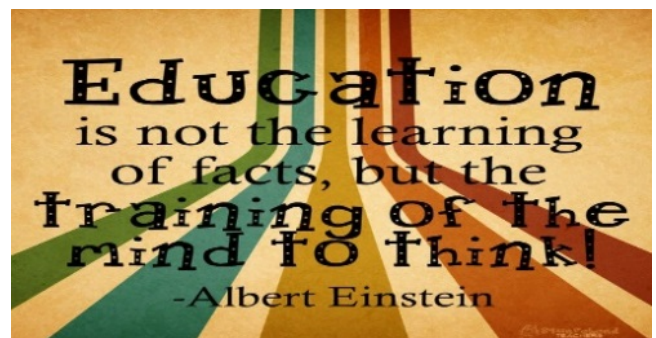
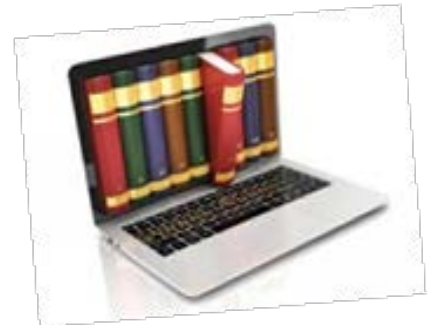
To use them, see me or a library assistant to sign on to a computer.

We also are introducing a class set of laptops for use by teachers and their students for research sessions and Library lessons.

Happy reading!

Mr Stewart

Teacher Librarian



Year 9 students in English are developing reading logs to monitor their reading of novels and related articles.

Year 10 students in Science are gaining a deeper understanding of Motion through visualising then constructing experiments relating to speed and time.

If you'd like to know more, please don't hesitate to ask your child's teachers.

We're excited about this learning strategy and look forward to our students making deeper connections with their learning and understanding.

Year 11 Subject Information Night

Invitation and Important Information for Year 10 Students and Parents

Year 10 students from the Nirimba Collegiate Group of Schools, who successfully complete the Nirimba Collegiate Stage 5 Certificate this year and qualify for their end-of-Year 10 Record of School Achievement/Collegiate Certificate, have a right of entry into Wyndham College in 2020.

An important information evening has been organised at Wyndham College for **Tuesday, 12th March**. We encourage all Year 10 students and their parents to attend. The information provided on this evening will assist students to choose the most suitable subjects and courses from the very wide range on offer in Year 11 in 2017. This is the third step of the subject selection process for Year 10.

We ask that you arrive at 6pm to collect Year 11 Enrolment Forms ready for a 6.30pm commencement. There will be a short plenary at 6.30pm, following which parents and students will have the opportunity to look at the subject displays and consult with senior staff, Head Teachers and Curriculum Coordinators from Wyndham College.

The subject selection process will take place online. Students will register their subject choices between June 3 and July 3. From these first round selections, classes for Year 11 2020 will be created based on the student choices. Students will be given one opportunity early in Term 1 2020 to request a change of course, however, this will be subject to vacancies existing in classes. It is better to get choices right BEFORE Year 11 commences, thus, Subject Information Night is the perfect opportunity to find out as much information as possible about the courses being considered to allow students to make appropriate subject selections.

Please Note: The Subject Selection Book 2020 was issued to students at their school in the week 4th to 8th February. Parents are encouraged to read through the information in the book and use the Subject Information Night to clarify any information about courses, as well as HSC and ATAR requirements.

Tuesday 12th March, 2019 at the Wyndham College Hall
6.30pm – 8.00pm
Please arrive at 6pm to register and collect the Enrolment Forms.

I would like to stress the importance of this evening in preparing students to make informed decisions on what courses to select for their HSC years.

We look forward to seeing you.

Beth O'Connor

Collegiate Deputy Principal (acting)

Online Payments at Seven Hills High School

HOW DO I ACCESS ONLINE PAYMENTS?

The **Make a payment** link can be found on the ribbon on the school's website. By selecting this link you will be taken to a secure Westpac payment page. You will no longer be in the school's website.

The payment process is intuitive and follows the format of many other online payments that are used every day.

HOW DO I MAKE A PAYMENT?

From the initial payment page payers will complete the details, some of which are mandatory (**marked with ***), before confirming the payment details and completing the payment. A receipt can be printed from the payment page and/or be emailed to the payer.

The payment screens are:

1. Entering student details
2. Entering contact details for payer
3. Entering payment items
4. Entering credit card details
5. Proceed to confirmation

ENTERING STUDENT AND PAYMENT DETAILS

The student details screen captures student and payment details. This allows for identification of the student that the payment applies to and what the payment is for.

The preferred method of ensuring the correct student is credited for the right items is to enter the students class or year AND date of birth. ***This is critical to ensure that the right student is credited for the right items.***

Please note: The Student Registration Number is not a compulsory field.

The payment details should come from the school Statement of Account or listing that the school issues. There can be more than one payment line for all items except voluntary school contributions. The items are:

- Voluntary school contributions (1 payment line), use this for general contributions or donations
- Subject contributions (up to 10 payment lines), use this for contributions for specific subjects e.g. Visual Arts, Industrial Technology, etc.
- Excursions (up to 5 payment lines), use this for specific excursions e.g. Zoo; Opera House, etc.
- Sport (up to 5 payment lines), use this for any sporting activities e.g. carnivals and weekly sport activities, etc.
- Creative & Practical Arts (up to 5 payment lines), use this for drama, dance, craft levies, etc.
- Sales to Students (up to 5 payment lines) use this for anything purchased by a student that becomes the property of the student
- Other (up to 5 payment lines) this may be used for paying total amounts owed by a student e.g. total of the student's Statement of Account.



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CONTACT

WHERE Shelley Primary School
Blacktown

WEBSITE innovativedance.com.au



Registered providers for the
Active & Creative Kids Schemes

**A NEW APPROACH
TO DANCE IS
WAITING FOR
YOUR CHILD.**

**ENROL ONLINE
TODAY**