



Seven Hills High School

A member of the Nirimba Collegiate group of schools

Newsletter

February 2019

Upcoming Events

February

- 13 P&C Meeting 7:30pm in the Library**
- 14 SRC Valentine's Day Initiative**
- 19 SRC Planning Day**
- 21 Blacktown Zone Swimming Carnival**
Blacktown Youth Forum
- 22 Student Leadership Investiture**
- 25-27 Year 7 Camp**
- 28 Year 7 2020 Open Night**

March

- 5 Year 7 Swim School**
- 6 Year 7 Meet the Teacher BBQ**
- 7 Sydney West Swimming Carnival**
- 12 Year 10 Subject Information Night –
Wynndham College**
- 13 P&C Meeting 7:30pm in the Library**

From the Principal's desk

I would like to open this newsletter by welcoming both students and parents to the school year for 2019.

In order that students achieve to the best of their ability this year, it is important that our students not only follow our school expectations but, in doing so, set high standards for themselves in the areas of attendance, punctuality, dress, social interaction and task completion.

There are several staff changes for 2019. Mr MacLaren will be the Acting Deputy Principal for Years 7&9. Mr Gray is our newly appointed Music teacher. Mr Sheteh and Ms Muller have joined English/HSIE, whilst Ms Walker, and shortly Ms Farrugia, are on maternity leave. Ms Thomas has been employed as one of our Visual Arts teachers.

2018 saw a transformation of our school buildings inside and out as a result of the painting of classrooms and staffrooms. This year, work has already begun on the construction of a ramp to enable wheelchair access to our school hall. Also, new student seating has been purchased and will be installed over the next few weeks. These are only a few of the improvements being implemented for students during 2019.

I encourage all parents and carers to attend this week's P&C Meeting. During the meeting, we will reviewing the school's Anti-Bullying Policy and discussing several new programs that, we believe, will have a positive impact on student learning.

Greg Johnstone

Johnson Avenue, SEVEN HILLS 2147.

Phone 9624 3329

Email: sevenhills-h.school@det.nsw.edu.au

Website: <http://www.sevenhills-h.schools.nsw.edu.au/>



School Community Charter

 **Collaborative. Respectful. Communication.**

The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

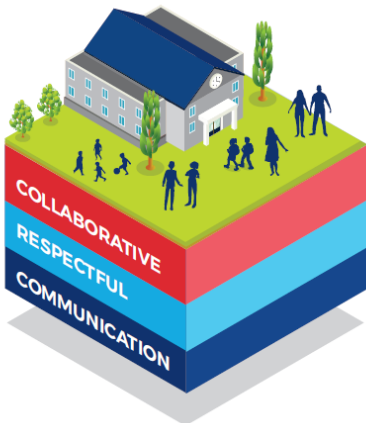
We treat each other with respect

What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 - 2022.



Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- to be welcomed into our schools to work in partnership to promote student learning.
- communication from school staff will be timely, polite and informative.
- professional relationships with school staff are based on transparency, honesty and mutual respect.
- to be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We prioritise the wellbeing of all students and staff

Unsafe behaviour is not acceptable in our schools

We work together with the school

Ensuring respectful learning environments for all members of NSW Public Schools communities.



We create **collaborative** learning environments

We all play **a part**

We work **in partnership** to promote student learning

Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process: education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students

Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.



Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.



Collaborative.
Respectful.
Communication.

School Community Charter

education.nsw.gov.au

English and HSIE Faculty

The English and HSIE faculty has planned many quality teaching and learning experiences for this coming year.

Organisation is an important factor in students achieving their potential in their understanding, skills and values. Students need to come to class being prepared to learn and having the correct resources to undertake their learning.

2019 will see the continued implementation of programs and resources, new novels for class study in English and new field experiences for students studying History and Geography.

In English, Year 7 have begun the year with the topic 'In My World', an introductory unit which explores autobiographical writing and prepares students for the study of English at high school. Year 8 are building upon their knowledge of novels and fiction in a reading unit that explores the human condition. Year 9 commenced their studies through novels, with a view to exploring society and its connections. Year 10 are taking on the role of preparing for senior studies in English by learning about characters in the unit titled 'Raw'.

In HSIE, students have begun the year with a study of History. Students are eagerly looking into 'Exploring the Ancient Past', 'The Vikings', 'The Industrial Revolution' and 'Post World War II in Australia'. During Semester Two, students will undertake their study of the new course in Geography, a part of the new Australian Curriculum.

If you wish to discuss your child's progress in English or HSIE during the school year, please feel free to contact myself or your child's class teacher.

We are looking forward to an exciting, and successful 2019.

Teresa Rodd

Head Teacher English/HSIE/Literacy

Student Leaders for 2019

It is with great pleasure that we announce our student leadership teams for this year:

Student Representative Council

Year 10: Annie Kereopa (Captain), Brianna Seaman (Captain), Kyle Cavanagh (Vice-Captain), Jasmine Clarke (Vice-Captain), Jaden McManus (Prefect), Maritsa Papadopoulos (Prefect), Pauline Savtsuk (Prefect), Holly Brookland and Holly Holmes

Year 9: Kayla Alfred, Teneal McDermott, Aarfina Saad, Jessica Sands and Peter Schmid

Year 8: Rachael Banks, Ziah Burns, Kaitlyn Brush, Riley Green and Yasmin Howarth

Sport Council

Bradman – Stacey Brown and Bradlen Saba

Ellis – Holly Brookland and Jaden McManus

Freeman – Kyle Cavanagh and Tamara Kabuyawa

Thorpe – Jasmine Clarke and Storm Harrison-Smith

Council Members -Somnang Callaghan and Savior Yohana

Daniel Way

Student Leadership Coordinator

Support and Creative and Performing Arts (CAPA) Faculty

Our faculty team would like to welcome all new and returning students and parents. I am Mr Jones and I will be the Head Teacher Secondary Studies, responsible for Support, Music and Visual Arts this year.

Our team is looking forward to another great year, creating engaging and fun lessons and learning experiences that enable students to further develop their skills and understanding within our faculty areas.

Michael Jones

Head Teacher Secondary Studies

Science Faculty

Scientific Inquiry, problem solving, and critical thinking is alive at Seven Hills High in 2019.

The Science faculty would like to welcome our new Year 7 students and those returning for 2019. We have a lot of great experiences planned for students this year both in and outside of class.

To begin the term, Year 7 have been introduced to the key features, equipment and branches of Science, Year 8 are be studying 'Our Wild Environment', Year 9 is investigating the interactions of organisms within ecosystems, and Year 10 have begun developing their understanding of the physics of motion.

Students are encouraged to ensure they have all necessary equipment to participate in class activities including: exercise book, pens, pencils, eraser, ruler, glue, calculator, enclosed leather shoes and in the case of long hair, a hair tie. This will ensure that all students get the most out of all activities and are safely attired for practical tasks.

Daniel Way

Head Teacher Science

Mathletics Homework

I would like to take this opportunity to remind all students at Seven Hills High School that Mathletics is set as homework on a weekly basis and that a scientific calculator is required for each lesson. The preferred calculator is a Casio 82AUplus and it is available for purchase at the front office for \$25.

Mathletics is a structured and interactive online learning space. It is aligned to the Mathematics curriculum and it caters to individual student learning needs.

Our school generously supports all students with a Mathletics subscription and provides them with opportunities to access technology in lessons, at lunchtime (in the library) and at Homework Club on a Tuesday and Wednesday afternoons. Students receive instant response to mathematical questions that assists with their confidence and the development of both the correct procedure and increased understanding of concepts as they progress.

There is an online tutorial option and students select either the ? or i depending on which Mathletics platform they are using. This tutorial takes students through step by step methods to solve each question. In addition to tasks for every mathematics topic, there are times tables, concept searches, videos, booklets and mental maths activities available. Mathletics can either be accessed on a PC or tablet.

All students can utilise Mathletics to consolidate their understanding. Teachers assign Mathletics as homework each week. Some teachers assign other worksheets or booklets as homework but **all students have mathematics homework**. We encourage all students to strive for 1000 points from Monday to Sunday each week. Parents can easily see both daily points and the weekly totals on the home page. Students should revise tasks that relate to current classwork, then revision of any topic or concept that they choose.

Joanne Andrew

Head Teacher Mathematics



SHHS Swimming Carnival

On the 5th February, Seven Hills High School participated in our annual swimming carnival. This year's swimming carnival was different to previous years as it was held at Stanhope Gardens indoor swimming pool. A lot of students got involved in their colour theme, by dressing up and getting into their house spirit, which was great to see.



Year 7 were wonderful, for their first carnival in High School, with everyone having a great day.

The day started with a warm up of aqua aerobics which was co-hosted by Noah and Kynan, this was then followed by the first event, freestyle. As always, this drew the most competitors. As the day went on swimmers competed in breaststroke, backstroke and butterfly. The houses competed in a cheering competition with Freeman coming out victorious – which is the only thing we won all day! This was then followed by our junior relays and then our senior relays, with the teacher's team of Mr Fahey, Mr Harper, Mr Way and Mr MacLaren getting involved in the senior boys relay race. Thankfully, the teachers had Mr Fahey, otherwise we don't think they would have won the race!

The final event of the day were the novelty races, which was a great opportunity to get the final participation points for our houses.

At the end of the day, Bradman, for the first time in many, many years, won the swimming carnival, closely followed by Ellis, Thorpe then Freeman. The Year 10s had a blast at their last swimming carnival at Seven Hills High School.

Thanks to all the teachers for their help in the smooth running of the day and to Mrs Dutt for organising the carnival.

Kyle and Tamara

Freeman House Captains



2019 Swimming Carnival Age Champions

Age	Boy	Girl
12	Cameron Williams	Claire Barber
13	Fedor Gavristov	
14	Ethan Gibson-Foad	Paige Williams
15	Kyle Cavanagh	Eloise Vella
16	Jaden McManus	Jessica Warwick

Premiers Coding Challenge

Throughout Term 4 last year, Year 8 Self-Select class, along with select students from the Robotics Club were invited to participate in the Inaugural Premier's Coding Challenge. Schools were only able to participate through invitation, having demonstrated a strong understanding and involvement in STEM (Science, Technology, Engineering and Science) activities.

The challenge consisted of a number of challenges involving the coding of Arduino ThinkerShields, starting with the bronze level through to Diamond level. To complete the diamond level, students had to create a product which would assist in a real life problem. To assist in the creation of these products, the students were invited to participate in a Hackathon held at the Powerhouse Museum. At the end of the Hackathon, our students had created sensor street lights and a music box.



During the last week of Term 4, the students who attended the Hackathon, were invited to present their products to the Premier of NSW, the honourable Gladys Berejiklian, before receiving a certificate on behalf of the school.

The Premier took time to speak to each student, providing feedback and asking questions regarding how they completed the challenges.

The students represented the school with pride and came away from the challenge with further enthusiasm for STEM.

Carissa Howell

STEM Teacher



Streamwatch End of Year Excursion

Streamwatch is a water monitoring program that enables schools and community groups to monitor the quality and health of local waterways. Seven Hills High is one of ten New South Wales schools to participate in the program.

The Year 8 Streamwatch team visited our sponsors, the Australian Museum in Sydney at the end of last year. We met the coordinator of Streamwatch, Cecil Ellis, who talked to us about the importance of our water testing and bug surveys, in monitoring the health of Sydney's waterways.

Our Streamwatch team spent the rest of the day at the museum, viewing the displays and were lucky enough to be invited to see the special Whales exhibition.

Joanna Jordan

Streamwatch Coordinator



Library Matters

Welcome!

Welcome to a new year and new adventures and opportunities in your school Library.

The Seven Hills High Library is an engaging space for all students, particularly those with an interest in board games, clubs and extracurricular interests, those students seeking help and resources for schoolwork and of course reading.

This year I have changed the lending rules to 3 weeks loan to ensure you have time to read the book you borrowed and return it without reminding. Late notices will be sent via email to parents and guardians to retrieve books.

Ensure that you do not get a late slip by renewing or returning your loan by the due date.

New resources to check out include:

47 Degrees Justin D'Ath

Ice Monster David Walliams

Mary Poppins P L Travers

(yes it was a book!)

The crimes of Grindalwald screenplay

There has been fantastic interest in Library Assistant applications. Stay tuned to be introduced to your new team.

With the support of Lurnea, our school Youth Worker, the Library will host a School Chess competition later this term. Those interested in signing up or improving their skills are welcome at Wednesday lunchtimes on the mezzanine level in the Library.

Look out for our displays, highlighting what's happening in our community and school.

Thank you to the Year 7 Language classes for their help in the Lunar New Year display and don't forget to check out the Valentine's Day display where you can join in the first of many writing competitions, we will promote throughout the year.

Happy reading

Bruce Stewart

Teacher Librarian

After School Dance Group

The after school dance group starts week 4 and will run every Tuesday afternoon from 3 to 4:15 pm. Collect a note from Ms Luscombe in order to attend.

Robotics Club

The Robotics Club will run during Thursday lunch times. Any student interested in Robotics, coding, creating, problem solving or STEM in general is welcome to attend. We have a number of competitions and activities planned for the club.

Girls Coding Club

In addition to the Robotics Club, we will be running a Girls Coding Club. Any girls interested in the club are to register with Mrs Howell. The club will run during Monday lunchtimes.



Wundersmith Jessica Townsend,
the sequel to **Nevermoor**
The Wicked King,
the sequel to **The Cruel Prince** by Holly
Black

Careers News

The Helmsman Project 2018 - A Combined Group.

On Thursday, 7 February, the Helmsman Project Group were acknowledged for their hard work to raise funds for the Cancer Council. The students held four events and raised over \$1000. The money was donated to the Cancer Council to assist with research into treatments and to hopefully find a cure. Congratulations to the students involved in the program - Isaac Bryen, Kyle Cavanagh, Aaron Cook, Chantelle Davison, Aaliyah Fisk, Taylor Gale, Jaden McManus, Taliah Meisake, Maritsa Papadopoulos, Bradlen Saba and Pauline Savtsuk.

Year 10 Subject Selection Booklets.

On Monday, 4 February, all Year 10 attended a meeting to discuss their Year 11 subject options for 2020 and received a subject selection booklet. All students are encouraged to take the time to read through this booklet as the HSC is changing.

Students can book an appointment to discuss their choices with me. Alternatively parents can speak to me by calling (02) 9624 3329. In Term 2, a formal time of parent/student interviews can be booked.

If you need a booklet or another copy please collect one from the Careers Office.

Year 9 - The Helmsman Project (Boys Group)

On Monday, 11 February, a meeting was held in the library at lunchtime to discuss the program with any interested Year 9 boys. The students who attended asked great questions and will now complete an application. If selected there will be a five-day camp in the last week of term. Monday 10 - Friday 14 April.

If you have any questions regarding the program please speak to me or Mr Harper.

Tonnie Slater

Careers Adviser

At Seven Hills HS

EVERY DAY COUNTS

because...

When you miss just...	That equals...	Which is...	and therefore, from Kindy to Yr12 that is equal to...
1 day each fortnight	20 days a year	nearly 1 1/2 years of school	finishing Year 11
1 day a week	40 days a year	nearly 2 1/2 years of school	finishing Year 10
2 days a week	80 days a year	over 5 years of learning	finishing Year 7
3 days a week	120 days a year	nearly 8 years of learning	finishing Year 4

TIME IS PRECIOUS, DON'T WASTE IT.

Canteen Menu and Price List

Term 1 2019

Hot Food

Chicken burger with lettuce and mayo	\$4.00
Hamburger with salad	\$4.00
Hot dog	\$3.00
Sausage and Onion on a roll	\$2.50
Pizza	\$1.00
Ham and cheese toastie	\$3.00
Various meals in a container (changes daily):	
Fried rice/pasta with bolognaise sauce/pasta with mushroom and ham sauce	\$4.00

*** Special lunch orders are taken before school or at recess***

Snacks

Chips (Red Rock Deli)	\$1.20
Mixed Fruit in a tub from	\$2.00
Fruit	\$1.00
Popcorn	\$1.00

Frozen Treats

Fruit sticks	0.50
Ice blocks from	\$1.00

Drinks

Water 600ml	\$2.00
Flavoured Milk 330ml	\$2.20
Fruit Juice	\$1.00

Wraps and Sandwiches

Wraps with various fillings (salad, ham, chicken)	\$4.00
Sandwiches with various fillings (tasty cheese, ham, egg)	from \$2.00
Chicken sandwich	\$3.50
Salad tubs	\$4.00

The canteen follows the NSW Healthy School Canteen strategy.



SPARTANS

Play Rugby League

Players required for all ages

4 years of age to Adults

Boys Teams - Girls Teams

Mens Teams - Ladies Teams

Everyone Welcome

Register now at playnrl.com

or on our facebook page

Home ground Exceter Farm Reserve

Muerants Lane Glenwood

Contact us 0466509790

blacktown.districtrl@gmail.com

Blacktown District Rugby League a new club for 2019

Start or continue your rugby league journey with us , we are focused on the development of young people and providing an enjoyable sporting experience for families visit us at our home ground from 5pm Tuesday February 12 and sign up to a team or register at this link <http://bit.do/BDRLS> just type it into your browser Friday night U/18's boys , Saturday U/6 to U/16 Boys and Girls , Saturday U/18 Girls Non contact Sunday Tag option available for 11 to 17 years boys and girls or mixed teams



Registrations Now Open

Northmead Uniting Netball Club

Northmead Uniting Netball Club is a member of the Gooden Reserve Netball Association. This is a local community competition held on Saturday afternoons at Gooden Reserve in Baulkham Hills. We are committed to maintaining a low-cost competition, that has a friendly, safe and welcoming environment where girls, ladies / mums of all skill levels can participate. Boys under 12 years of age are also welcome. Please note this is a non-graded competition.

2019 REGISTRATION COSTS

These fees are a one-off payment which covers the entire season.



Fun Net: \$55
Year 2 and above: \$80
Season starts 6th April 2019



Register online now at:

www.northmeadnetballclub.weebly.com

Registrations close 23 February 2019

Fun Net:

For ages 5 – 7 (Kindy and Year 1) we have Fun Net, which teaches basic ball skills, the rules of the game and teamwork. Fun net is held every Saturday at 12.30.

Junior Competition:

Years 2 to Years 12 at school. Our junior competition is open to girls and boys under 12. Experienced and beginners welcome. Saturday games between 12.30 and 3pm.

Ladies / Mums Competition:

Our adult division is a social competition with a fun, friendly atmosphere. We have players who join after not playing for years and even those who have never played. Individual registrations and team registrations are both welcome. Saturday games between 12.30 and 3pm.

Email: northmeadnetballclub@gmail.com



www.facebook.com/NorthmeadUnitingNetballClub

Approved Active Kids Provider 2019
Vouchers will be accepted.

PLAY SOCCER IN 2019



JOIN **NORWEST**

Play with Friends – Make New Friends

Social to Competitive Players

From 5 to 65 years – All Welcome

Girls – Boys Ladies – Men

PLAY IN THE HILLS FOOTBALL COMPETITION

Homeground – Francesco Reserve BELLA VISTA

Qualified Club Coach – Juniors FREE Skills Training!

REGISTRATION – OPEN NOW Online - <https://www.playfootball.com.au/register>

Enquiries:

- Website: www.norwestfootballclub.com
- Facebook: www.facebook.com/NorwestSoccerClub
- Email: norwestfootball@gmail.com
- Phone: 0425 364781 – Trevor Halligan (Club President)

HOCKEY

GIVE IT A GO THIS WINTER

Mixed competition for U11s to U17s

Open age competition

TEMPTED?

Take part in our free Come and Try Sessions;

6pm to 7pm Thursday February 7, 14, 21, 28

Cavanagh Reserve Tennis Courts
Northcott Road, Lalor Park - yes, we are local!

AFTER MORE INFORMATION?

Contact Lyn: 9674 2876, 0421 798 242

klhsecretary@gmail.com

Visit: <http://www.kingslangleyhockey.org.au>

Kings Langley Hockey Club is registered for the Active Kids Rebate Programme