



# Seven Hills High School

A member of the Nirimba Collegiate group of schools

Newsletter  
February 2017

## From the relieving Principal

A very warm welcome to parents, guardians and students and what a positive start to the school year!

I hope you all had an enjoyable and relaxing break and that you are looking forward to a year of new opportunities and positive outcomes.

At Seven Hills High School, we strive to make each school year a unique learning experience. We encourage all our students to set meaningful goals, devise pathways for success, meet challenges and strive to better their performance. All of this is achieved through mentoring, peer support, leadership programs and positive teacher/student relationships.

At this stage, many of you would be aware that Mr Johnstone has taken leave for the first six weeks of this term and I will be fulfilling the role of Principal. Mr MacLaren will be the Relieving Deputy Principal and Mrs Dutt will be taking on the role of Head Teacher Wellbeing.

2017 has started productively. Year 7 have adjusted to their new surroundings and were led through familiarisation activities by their Peer Support Leaders. The school held its annual Swimming Carnival with Freeman taking out the honour of winning house and the work on our administration building and our school frontage continues. As always, we will maximise our resources to ensure quality educational facilities and programs are available for our staff and students.

Seven Hills High School embraces the Positive Behaviour for Learning. This is communicated through our ROAD expectations.

R is for RESPECT.

Respect for self, others and the environment. This is demonstrated through the courtesy we show each other, listening attentively, appreciating each other's differences and valuing the environment around us.

O is for ORGANISATION.

Our students display this by attending school with all their equipment and in the correct uniform. A reminder that black, closed in, leather shoes are a necessity. Health and Safety regulations stipulate that these must be worn if students are to partake in activities in practical areas such as Science labs and Technology classrooms. There may be times, when your child is not able to wear parts of the uniform due to unforeseen circumstances, they will need to bring a note from home explaining the reason and their substitute item of clothing needs to be as close as possible to the school uniform dress code.

Parents and guardians, if there are any issues with acquiring the uniform for your child please see Mr MacLaren, Mr Erwin or myself and we will work with you on resolving the matter.

A is for APPLICATION.

Being positive and conscientious in all undertakings. This means contributing constructively as a team member to all class and school activities. If we are not putting in our best effort how will we ever reach our true potential? The staff at Seven Hills High school are dedicated, professional and enthusiastic. They work hard to get the best results from all their students and we encourage our students to work to their potential so they experience personal success.

Johnson Avenue, SEVEN HILLS 2147.

Phone 9624 3329

Email: [sevenhills-h.school@det.nsw.edu.au](mailto:sevenhills-h.school@det.nsw.edu.au)

Website: <http://www.sevenhills-h.schools.nsw.edu.au/>

## P&C Meeting this Wednesday, 8<sup>th</sup> February

All parents, carers and community members are welcome!

D is for DETERMINATION.

Strive for quality. Be proud of your achievements and celebrate the success of others. Always aim high and work at improving upon all that you do.

Seven Hills High School works closely with our parents and guardians to deliver programs that meet the needs of all our students. Parents and guardians, it is with your support that we can achieve our goals. You can help your child by assisting them in developing routines for homework completion, prioritising tasks, utilising their diary and ensuring they take responsibility for their learning. If there are any issues with your child's learning, please notify the school. We have a strong Learning and Support Team that will assist in meeting your child's needs.

I would like to take this opportunity to invite all parents and guardians to join our Parents and Citizens Association. This is a dedicated group of individuals who help set the school direction as well as work hard to acquire the specialised equipment needed to support our innovative programs. It is also an avenue for you to learn more about the learning programs we offer as well as be regularly informed of the school's direction.

**The next P & C Meeting will take place on Wednesday 8<sup>th</sup> February at 7:30pm in the Library.**

Finally, I would like to say that at Seven Hills High School our objective is to promote independence, resilience and a love for learning. All of this can only be achieved with the cooperation of all stakeholders – the parents and guardians, the students themselves, as well as the staff of the school. In working together, we not only achieve positive outcomes but we create a strong community that contributes constructively to our society.

I look forward to strengthening the relationship between home and school as the year progresses, celebrating your child's milestones and working with you to develop your child's strengths.

Warm Regards

Ms Ana Macan

## Upcoming Events

### February

8 <sup>th</sup>	P&C Meeting, 7.30pm in the library
14 <sup>th</sup>	SRC Valentine's Day
20 <sup>th</sup> – 22 <sup>nd</sup>	Year 7 Camp to Kincumber

### March

2 <sup>nd</sup>	Meet the Teacher BBQ (Year 7)
8 <sup>th</sup>	P&C Meeting, 7.30pm in the library

### April

7 <sup>th</sup>	Last day of term
25 <sup>th</sup>	ANZAC day
26 <sup>th</sup>	First day of Term 2 for students

## From the Deputy Principal

I would like to welcome back students and their families, in particular our new Year 7 students and families. Welcome to the Seven Hills HS community.

Year 7 has had an exciting start to their high school life. Timetables, different lessons in different locations every hour, different teachers with new and engaging subjects, making new friends and adjusting to life in a high school have all been met with excitement and confidence. I'm extremely pleased to see how well Year 7 has settled into the daily routines in their new surroundings and how quickly they've adjusted. Year 7 also undertook the Peer Support Program run by students from Year 10 as Peer Support Leaders. This program saw groups of Year 7s meet with their Peer Support Leader throughout the week to talk about adjusting to high school and getting to know other students in the year group. Last week the school held its Swimming Carnival and Year 7 was exceptionally well represented. Congratulations to all those who competed and gave their best. I'm also particularly pleased with the number of students going on the Year 7 Camp in Week 4 of this term. This camp is a wonderful opportunity for the year group to forge friendships and developed team work in a recreational setting that challenges the students' boundaries and mind sets.

Following the Year 7 camp, is the "Meet the Year 7 Teachers" BBQ on Thursday March 2. This is an excellent opportunity to meet your child's teachers in a relaxed atmosphere and I look forward to meeting many of you on the night as well.

Seven Hills High School uses a Student and Parent Portal, to provide both parents and students discreet information about each student's progress in our school. Information accessible from the portal includes student timetable details, daily notices for student access, attendance details, important school documents relative to each year group and the school, School Newsletters, details of N Awards for students in Years 9 and 10 as well as non-completion of tasks for students in years 7 and 8, current and past academic reports including semester and RTA reports, and past NAPLAN results. In addition, parents/carers will be able to inform the school of updated contact and medical details through the portal. For parents/carers with more than one student at the school, the one portal account will have access to all. Students can access the student portal using their current DoE logon details (username and password) and are not required to register. In the coming week, Year 7 parents will receive a letter containing details for creating and activating their parent portal account. I am confident that Year 7 parents will see the benefits of registration immediately and that the portal will become more and more significant in your day to day management of your child's enrolment at our school.

Year 9 begins their first certifying year working towards their Recognition of School Achievement (RoSA) Certificate. This week, each student will receive a Year 9 Assessment Booklet detailing all assessments throughout the year for all subjects. This will allow students to plan their time around assessments and preparation for examinations throughout the year. In addition, the booklet outlines the requirements of completing assessment and application to school work and the consequences for failing to meet these requirements. These requirements will be outlined to students at the time of distribution of the booklets. All parents/carers should take the time to go through the booklet with their child to ensure they understand the requirements and expectations of them.

I'm very pleased with the way Year 9 has settled into their new elective subjects and classes as they break from the core classes they were a part of in Years 7 and 8, and I hope they enjoy the challenges throughout the year in their core and elective subjects as they work towards their RoSA credential.

Mr David Erwin  
Deputy Principal  
Years 7 and 9

### Extra-Curricular Activities 2017

Our **Futsal program** begins this week with practice session times are as follows:

- Monday and Tuesday mornings
- Monday Lunch
- Thursday mornings

Squad training for the Schools Championship (Windsor region) will take place on Monday mornings at 7:30am

N.B. If you wish to join this year's program please contact Mr Pinto in the Support staffroom

**Homework Club** will commence Wednesday February 15 and will run every Wednesday from 3.15 until 4.00 in the school library. Students wishing to attend should see Mr Way (Science staffroom) for a permission note.

## School Mobile Phone App

Seven Hills High School has its own Skoolbag iPhone and Android App to help us communicate more effectively with our parent and student community.

The Skoolbag app provides key school information via one single communication centre delivering



### Features:

#### Push Notification Alerts

Any content can be “pushed” as FREE instant push notification messages, such as news, events, newsletter posts, last minute cancellations, etc.

Notifications can be categorised with push alerts to targeted year groups. Parents and students can set filters on the app to only receive notifications applicable to their year group(s) of interest. Notification of all school formal assessments for all year groups will be included in this feature.

**Please note:** This Skoolbag app will not be used for absent or late student notifications. SMS messages will continue to be sent for absent or late student notifications.

#### School events calendar

School calendar events are displayed in list format month by month, and calendar format. Parents and students can add school events listed in the calendar to their own personal iPhone and android calendar at the click on a button. Notification of all school formal assessments for all year groups will be included in this feature.

#### Access to documents

Along with notification, school documents such as newsletters, school annual reports and permission notes can also be accessed through the Seven Hills HS Skoolbag app.

We are asking parents and students to install our Skoolbag App. To install it, just search for our school name "Seven Hills High School" in either the Apple App Store, or Google Play Store.

Once you have installed the app, select the “more” option at the bottom right of the screen and then “setup” to apply year group filters. The app is intuitive in its use, however, if you have any queries, please don’t hesitate to contact the school.

## Welcome Year 7

It is with great excitement that I welcome our new Year 7 students of 2017 to Seven Hills High School. I hope that the transition from primary school into secondary school is a smooth and enjoyable one. As their Year Adviser, I am looking forward to working with them as they move through high school and grow and develop into mature young adults over the next four years.

Week 1 has seen Year 7 off to an exciting start with their first Seven Hills High School Swimming Carnival and an introduction to their new classes and teachers. This term will have many other opportunities for Year 7 to get to know their teachers and their peers both inside and outside of the classroom.

Year 7 Camp has been scheduled for Week 4, 20<sup>th</sup> – 23<sup>rd</sup> February, at the Great Aussie Bush Camp in Kincumber. This camp will be a great opportunity for students to make new friends, participate in team building exercises and develop their confidence. There will be several exciting activities taking place including flying foxes, a mud run, high ropes courses and canoeing to name a few. Students will talk about their fond memories of Year 7 Camp for years to come so it is definitely an event not to be missed.

In Week 5, on Thursday the 2<sup>nd</sup> of March, there will be a Meet the Teachers BBQ night held at school. This will be a great opportunity for students and their families to meet the teachers and to reflect on the transition that has taken place in the first five weeks of Term 1. It is both a valuable and enjoyable night and I look forward to meeting the people important to our Year 7 students.

I am very excited about 2017 and I am sure our Year 7 students and parents are too. I am sure that the positive start that Year 7 has made to their high school journey will continue.

Miss Jennifer Farrugia

Those students interested in joining our **Theatre Sports Group** must see Mr Burgess in the English staffroom for a permission note.

Seven Hills High School’s **Robotics Club** continues this year. Any student wishing to be part of this initiative should see Mrs Howell in the Mathematics staffroom. The Robotics Club meets very Tuesday lunch time.



## Welcome Back Year 8

Welcome back Year 8. I would firstly like to express how excited I am to be taking over as your Year Adviser. I would like to thank Mr MacLaren for the wonderful job he has done throughout your first year of high school and I am looking forward to the next few years of your schooling and where it will take us.

There will be many exciting events to be held throughout this year where students will have the opportunity to showcase their talents and abilities including, Showcase, debating, public speaking, sports and academic competitions, Rewards Days and the Multicultural Lunch to name a few. Students will also be given numerous opportunities to engage in extra-curricular programs on offer including after school dance, robotics club, music and art programs.

Students have made a great start to the year and are looking very smart in their school uniforms, green skirts, grey shorts, white polo or button up shirt, white socks and black school shoes. It is with this appearance and respect for themselves and their school that they will make a start on the road to success.

Student's application, organisation and behaviour will continue to be monitored and rewarded with 'RTA points' this year. Students should constantly aim high and follow the schools ROAD expectations in all areas of school life to achieve success.

Students will be afforded the opportunity to select subjects that interest them at the end of the year for their Year 9 and 10 studies at Seven Hills High School. It is throughout the first three terms that students should immerse themselves in as many areas of interest as possible to help select courses that best suit their needs.

I look forward to working with all year 8 students and their families this year. Please feel free to contact me if you have any questions regarding any area of school life.

Mr Kieran Thomson

## Year 9 Year Adviser's Report

Welcome back Year 9, 2017 promises to be a great year filled with many important and meaningful events and activities. As you all may know Ms Messer has taken a role at another school, so I will now be your Year Adviser for 2017 and beyond.

This year you begin your Electives and work towards your Record of School Achievement (ROSA). It is more important than ever that you're attending school and arriving to class on time.

A majority of you have really impressed the teachers with your organisation, determination and maturity in this busy start to the year. Be sure to bring all your necessary equipment to every lesson and keep up to date with the work teachers give you. Parents can help out at home by providing a quiet, clear study area and be sure that your child gets plenty of sleep to recharge the batteries.

RTA's will also be continuing this year. I encourage all students to try to improve their RTA average from last year. You can do this by applying yourself to all your subjects. It's not about being the smartest or receiving the best mark, you just need to try your best, complete all your assessment tasks and examinations on time, be prepared for your lessons with all the expected equipment and attend school.

Semester 1 and 2 Reward Days will be held at the end of Terms 2 and 4. Invitation to these excursions are based on your RTA average where you need to receive an average of 8 out of 10 across all your subjects for the semester, as well as meeting school expectations regarding behaviour, attendance, punctuality and uniform. You have a fresh start, so now is a great time to try and improve on last year, so that we can get as many Year 9 students to attend the Rewards Days as possible.

This year we will be going on camp during Term 3, with the date still to be confirmed and for the first time in your time at Seven Hills, PASS students also have the opportunity to attend the Ski Trip to Thredbo.

In Term 3, I will be asking for nominations of students who would like to be Peer Support Leaders for 2018. We will begin training at the beginning of Term 4. Also nominations for School Captains, Vice Captains, Prefects, House Leaders and SRC will be happening in Term 4.

So as you can see, it will be an extremely busy year for all of us in Year 9. If you have any questions please feel free to contact me anytime.

Mr Sam Rumball

## Year 10 Year Adviser's Report

First of all. I would like to welcome all Year 10 students to your final year at Seven Hills High School. As the senior students, your conduct and attitude should set high benchmarks for our junior students and this will be reflected in your commitment towards the school values of Respect, Organisation, Application and Determination.

We have a very busy year ahead with assessment tasks and exams all contributing to your final ROSA grades. Let us not waste any of our time and energy on disciplinary issues. Hard work, determination and politeness will make your school life a lot easier and enjoyable. Please feel free to approach me at any time with any issues you might have as my door is always open.

As we discussed in our first Year Meeting, we will have many student committees to make our final year a memorable one. You are welcome to be part of various committees including Fund Raising, Year Book, Formal and Camp Committees. Meetings will be called early this term and your involvement will be the key to the success of our events.

Also, I would like to take this opportunity to congratulate our Year 10 Peer Support Leaders for their assistance with the transition of Year 7 Students. Your leadership and enthusiasm have been outstanding and the Year 7 students really appreciate your time and energy in making their first couple of weeks in high school smooth and enjoyable.

I want to remind all of you that if you are not meeting the basic expectations of the school in terms of assessment and behaviour, you will be putting your ROSA in jeopardy. You may also miss out on the Formal and Rewards Day and other social events.

So get ready, this will be a great year full of opportunities, laughs and life lessons. By the end of the year I want you all to be able to honestly say that you have done everything possible to be part of the final celebration standing tall and proud at graduation.

Mr Michael Jones

## Welcome to our new Teacher/Librarian

The first day of school is daunting for most people, especially when you are new. Not knowing your way around, not knowing what classes will be like. The unknown is scary.

This is as true for me as it is for students. My name is Mr Bruce Stewart and I am proud, excited and yes, a little nervous to be the new Teacher Librarian at Seven Hills High School.

My first few days have been spent meeting staff and students alike and I am thankful for the warm and generous welcome I have received. I can see how close a community Seven Hills High School is and I look forward to being able to contribute to it.

I have come from Hunters Hill High School where I was the Teacher Librarian for the last three years. I believe the Library is a central part of any school and I look forward to developing the space and building on the culture and fantastic resource that it is.

I am a proud movie nerd; with an eclectic mix of cinema favorites, from *The Princess Bride* and *The Breakfast Club* to *Reservoir Dogs* and of course *Star Wars* (not the prequels). My other interests are bushwalking, spending time with my little girl and of course books. *Brave New World* by Aldous Huxley is the book that I read in high school that I still think is one of the best novels ever written. I am a Tolkien fan, a Shakespeare fan and a Marvel comic fan (apologies to those more into DC).

I look forward to meeting and working with the Seven Hills community and please come to the Library to visit, check out what we are up to and make suggestions of books to buy and ideas about what you want from your school library.

Mr Bruce Stewart

## English / HSIE Report

An exciting year of new directions is planned for English and HSIE at Seven Hills High School in 2017. In the faculty, we welcome back Mr Jones, Mr Burgess, Ms Farrugia and Ms Vujovic and extend a warm welcome to our new Librarian, Mr Stewart, who will be teaching English and Literacy in Stage 4. We say thank you and farewell to Ms Ristevski, Ms Melaisis and Ms Messer, who have left to join new schools. May I take this opportunity to wish them well in their futures.

The English and HSIE faculty has planned many quality teaching and learning experiences for this coming year. To assist your child in their preparation for learning, it is important to make sure that they have the following in readiness for each lesson:

- A positive approach to learning and achieving
- A diary to organise scheduled tasks and homework
- A novel to read during wide reading time
- A USB to save work and files electronically
- An exercise book (covered in contact and labelled clearly with name and class)
- Pencil case containing pens, pencils, sharpener, eraser, ruler, glue and scissors

In English and HSIE we strive to assist students to reach their potential in their understanding, skills and values. An important part of this approach is being organised and ready for learning, being prepared to learn and having the resources to undertake the learning. The R.O.A.D (Respect, Organisation, Application and Determination) approach has been explored with all students in English and HSIE and allows them to work towards their best.

2017 will see the use of new programs and resources, new novels for class study and new field experiences for students studying History, Geography and Commerce. Opportunities to debate with our school teams against other schools will be available for our debating teams. Our Drama students will again be inspired with our 'Theatresports' Drama program. Our Year 7 and Year 9 students will be prepared and ready to undertake NAPLAN testing early in Term 2. All of these opportunities will allow students to explore and grow as 21<sup>st</sup> Century learners.

All year groups have begun their first units of study. In English, Year 7 have begun the year with the topic 'In My World', an introductory unit which explores autobiographical writing and prepares students for the study of English at high school. Year 8 are building upon their knowledge of novels and fiction in a reading unit which explores the human condition. Year 9 are commencing with 'Dystopia' which includes the study of novels with a view to explore society and its connections. Year 10 are taking on the role of preparing for Senior Study in English by learning about characters in the unit titled 'Raw'.

In HSIE students in Years 7, 8 and 9 have begun their study of History and are eagerly looking into 'Exploring the Ancient Past', 'The Aztecs' and 'The Industrial Revolution'. Year 10 study Geography and History concurrently. They are exploring 'Geographical Issues Affecting Australia's Environment' and 'Post World War II in Australia'.

These programs of study are designed to be engaging, accessible and interesting and promote skills and understanding for each student. We hope that your child will enjoy all of these experiences.

If you have any concerns regarding your child's progress in English or HSIE during the school year, please feel free to contact myself or your child's class teacher. We are looking forward to an exciting, and successful 2017.

Ms Teresa Rodd  
Head Teacher English/HSIE

### *Valentine's Day*

*The Student Representative Council will be selling chocolates, lollies, roses and love song dedications that will be delivered to your loved one or friend along with a personal message.*

*The costs vary from \$1.50 - \$4.00 and the love song is free and can be ordered at recess and lunch in the canteen area the week starting today. Purchased items will be delivered on Tuesday.*

*If you would like to send a rose to someone special, order one as soon as possible.*

## Swimming Carnival

On Wednesday the 1<sup>st</sup> of February, Seven Hills High School held their annual Swimming Carnival at Baulkham Hills Waves. The weather forecast suggested that it was going to be a scorcher, however, thankfully, the weather produced a wonderful day for swimming.

The turnout was good and everyone came dressed in their respective colours in support of their House. Everyone had a great time competing in the pool and cheering on their friends. The teachers were a great help organising and running the day and even managed to win the relay against the students once again.

The competition was close throughout the day with every House scoring well. Freeman took the lead by the end of the Freestyle races and held onto the lead all day despite a late charge from Thorpe House.

Congratulations to all competitors and especially Freeman house for winning the Seven Hills High School Swimming Carnival for 2017.

Below are the Swimming Carnival Age Champions for 2017 for each age group:

12 girls	Paige Williams
12 boys	Blaze Johnston-Ockers
13 girls	Jessica Sands
13 boys	Kyle Cavanagh
14 girls	Jennifer Swadling
14 boys	Lewis Schmid
15 girls	Rachael McDermott
15 boys	Lleyton Coleman
16+ girls	Tahlia O'Connell
16+ boys	Phoenix Galistan

Mr Sam Rumball

Sports Organiser

## Rugby League Program

In 2017 all boys have been given an opportunity to join the Seven Hills High School Rugby League program.

The aim of the program is not just to improve the Rugby League skills of the students but to make them better players, better students, better leaders and better people.

Being a part of the Rugby League Program is a privilege and we believe that students need to display positive behaviours, maintain high academic performances and be role models for other Seven Hills High School students.

Students involved in the Rugby League Program are required to meet the following expectations:

- Maintain a school attendance record of 85% or higher.
- Maintain correct school uniform at all times.
- Maintain a positive behaviour record.
- Record no more than 3 late arrivals a term.
- Maintain an RTA merit average of 6 or higher.

We have a very busy year ahead with training, fitness, trial games, CHS cups, Hills Cup and Sport camps. As we have discussed, none of these events will take place unless we have commitment and discipline from all students.

I want to acknowledge the senior students from last year that have already taken it upon themselves to start mentoring the junior members of the program, offering guidance, training tips, school advice and fulfilling a 'big brother' role.

Be ready boys, it's going to a great year.








Mr Sam Rumball and Mr Michael Jones

### **Due to a new system these are the only options available for payment of school fees, excursions etc**

- Cheque – made payable to Seven Hills High School
- Cash – via schools reception
- EFT – call school with credit card details
- Parent Online Payment (POP) access “Make a Payment” from the school website









# **Canteen Menu 2017**


	Chicken Burger with lettuce and light mayonnaise	\$4.00
	Hamburger with salad	\$4.00
	Toasted cheese and tomato sandwiches	\$3.00
	Pizza with tomato and light cheese	\$1.20
	Pasta with bolognese sauce	\$3.50
	Soup of the day (winter)	\$2.00
	Zucchini bake	\$3.50

## **Sandwiches and Rolls**





Made to order on wholemeal, grain or white bread:

	Garden Salad (lettuce, tomato, carrot and cucumber)	\$3.50
	Super salad (light cheese, lettuce, tomato, carrot, cucumber, onion, beetroot)	\$4.00
	Light tasty cheddar cheese	\$4.00
	Sliced smoked ham and lettuce	\$4.00
	Eggs with light, tangy mayonnaise and lettuce	\$4.00
	Grilled chicken with light mayonnaise and lettuce	\$4.00






## **Salads**

	Garden salad with choice of tuna, egg, cheese, chicken or ham	\$4.00
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## **Snacks**

	Light cheese and crackers	\$1.00
	Red Rock deli chips	\$1.00
	Fresh popcorn	\$1.00
	Fresh fruit	\$1.00

## **Drinks and Frozen Treats**

	Water 600ml	\$2.00
	Plain milk 300ml	\$1.20
	Flavoured milk 300ml	\$2.20
	Just juice 250ml	\$3.20
	Fruit ice blocks	\$0.60

*\*Special orders can be made before school or recess*

## **PRODUCT CLASSIFICATIONS- as per the Healthy Canteen Guidelines**

-  Product is classified green by NSW Canteen Association and should be consumed daily.
-  Product is classified Amber by NSW Canteen Association and should be consumed only twice a week.
-  Product is classified Red by NSW Canteen Association and should be consumed only once a term.

## NSW SCHOOL VACCINATION PROGRAM

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the School Vaccination Program.

In 2017 the following vaccines will be offered to Year 7 students:

- human papillomavirus (HPV) vaccine in a 3-dose schedule
- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose; and
- varicella vaccine (chickenpox) as a single dose.

*Parent Information Kits* that include an information sheet, consent form and privacy statement will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to each of the vaccines they would like their child to receive
- return the completed consent form to school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation).

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that students who commence HPV vaccination in school clinics in Year 7 but do not complete the course during the school year will be offered catch-up doses at school in Year 8. Students who have any HPV doses at their GP will be advised to complete the course with their GP. We therefore encourage students to receive all doses of vaccines through the School Vaccination Program.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

**Public Health Unit**  
Gungahra, Building 68  
Cumberland Hospital

LMB 7118, Parramatta BC NSW 2124

Tel 9840 3603 Fax 9840 3608

## KILDARE ROAD MEDICAL CENTRE FEELING THE HEAT?

### GET YOUR SKIN CHECKED NOW!


Exposure to the sun's ultraviolet rays can cause sunburn, skin cancer and contribute to visible signs of ageing. There is a higher risk of skin damage, which can lead to skin cancer, during the summer months and that is why it is important to have regular skin checks with an accredited doctor.

If needed, KRMC®'s mole-scanning technology enables our GPs to build up an accurate picture of changes to the skin and to detect any suspect moles. Our GPs and nurses are able to perform excisions of moles that appear to be of concern and to send them for laboratory analysis via our on-site Pathology department. Follow-up treatment and referrals to specialists are available.

*Call 8822 3000 for information and appointments.*

36 Kildare Road, Blacktown

kildaremedical.com.au


**KILDARE ROAD MEDICAL CENTRE**  
IT'S TIME FOR YOUR ANNUAL SKIN CHECK!

Exposure to the sun's ultraviolet rays can cause skin damage, which can lead to skin cancer. The risks are higher during the warmer months and that is why it is important to have regular skin checks with an accredited skin cancer doctor.




If necessary, KRMC®'s GPs will use mole-scanning technology to detect any suspect moles and to build up an accurate picture of changes to the skin over time. Our GPs and Nurses are able to perform excisions of moles that appear to be of concern and to send them for laboratory analysis via our on-site Pathology department. If required, follow up treatment and referrals to specialists can be arranged.

*For more information and to make an appointment at KRMC®'s Skin Cancer Clinic, please call Reception on 8822 3000.*

**36 Kildare Road, Blacktown - next to Westpoint**  
**Open 7 days – 8am to 8pm**

**PRODIGY**  
MARTIAL ARTS  
AUSTRALIA  
TAEKWONDO • MUAY THAI • BOXING • SELF DEFENCE • WEAPONS

**BUILD FOCUS, CONFIDENCE, DISCIPLINE,  
FLEXIBILITY, WHILE HAVING LOTS OF FUN!**






All levels, all ages –  
Classes for 3 year olds  
and up


**NO JOINING FEE!**


Call us today to book  
your 2 FREE intro  
classes!

**WORLD CLASS QUALIFIED  
INSTRUCTORS**

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**9636 5767**  
www.teamprodigy.com.au

info@teamprodigy.com.au  
cnr. Best Rd & Mackenzie Blvd, Seven Hills 2145

# Seven Hills High School

## Change to Family Contact Details/Student Medical Records

In order for us to keep our records up to date could you please complete this from and return it to school as soon as possible.

**Student Name:** .....

### Family Contact Details

Address: .....

Email: .....

Telephone:

Father (H) ..... Mobile: .....

Mother (H) ..... Mobile: .....

Guardian (H) ..... Mobile: .....

Further Information .....

### Emergency Contact

Name ..... Relationship .....

Telephone (H)..... (W) .....(M) .....

### Medical Details

Allergies .....

Other conditions .....

Medication(s) .....

Further Information .....

Parent/guardian signature ..... Date .....

**Please return the completed sheet to the Administration Office**