



# Seven Hills High School

A member of the Nirimba Collegiate group of schools

Newsletter  
November 2017

## Premier's Sporting Challenge – Leading with Action

On Thursday, 26<sup>th</sup> October, 19 Year 9 students from Seven Hills High School headed to Jamison Park, in Penrith, to participate in the *Leading with Action* component of the Premier's Sporting Challenge Program.

The students, along with 5 other schools, were taught skills and strategies to be used in coaching young children in a variety of sports including: Rugby League, Tennis, Netball and many more. The students did a great job representing our school and found the day very informative, hands on, and a lot of fun.

Next year, these students will take on the role of coaches for local primary school students and Stage 4 students at our school in the annual '*Learning to Lead*' Program. A program where our student coaches utilise the skills they have developed to coach others in their chosen sports.

Daniel Way

Premier's Sporting  
Challenge Coordinator



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## P&C Meeting this Wednesday, 8<sup>th</sup> November.

All parents, carers and community members are welcome!

### Important Dates

#### November

8 <sup>th</sup>	P&C Meeting 7.30pm in the library Year 7 Vaccinations
14 <sup>th</sup>	'All My Own Work' Year 10
15 <sup>th</sup>	ABCN Aspirations Program – Year 10 Future Parents Forum
20 <sup>th</sup>	Year 9 Fast Forward Day
21 <sup>st</sup>	Year 10 Orientation Day at Wyndham College
22 <sup>nd</sup> - 24 <sup>th</sup>	Stage 5 Camp
24 <sup>th</sup>	Pathways to Dreaming Year 8
27 <sup>th</sup> - 28 <sup>th</sup>	Knowledge is Power Year 10

#### December

1 <sup>st</sup>	Presentation Day Work Experience Graduation Ceremony
4 <sup>th</sup>	Helmsman Project Graduation Day
5 <sup>th</sup>	Orientation Day Year 7 2018 Year 10 Formal
6 <sup>th</sup>	Rewards Day Excursion
7 <sup>th</sup>	Orientation Evening Year 7 2018 parents
7 <sup>th</sup> - 10 <sup>th</sup>	'Young Mob' camp
8 <sup>th</sup>	Year 10 Graduation
12 <sup>th</sup>	'Pathways to Dreamin'g End of Year event

### Pathways to Dreaming Excursion

On the 17<sup>th</sup> of October we visited the Western Sydney University, Bankstown Campus.

The first workshop was on criminology. We had to investigate the crimes carried out by Ivan Milat, the back packer killer. We looked at all the evidence police were given and put the pieces together to link them to the suspect Ivan Milat.

The second workshop was with Lorna Munro, a passionate, indigenous poet who wrote about the injustices of the first Australians. She encouraged us to incorporate our indigenous language into poetry about our lives.

The last workshop was about linguistics, which is the study of language. We found out that Google are employing more and more linguists to help them with their projects. We had to use different codes and strategies to solve puzzles and find the treasure.

We all enjoyed the workshops and a wood fired pizza, or two, for lunch.

Joseph Coleman

## Finalists!

Seven Hills High School has reached the finals in the blog judging of ***The Archibull Prize***.

The winners of the blog section will be announced on the 21st of November.

## AMAZE STEAM EXPO

On Thursday 19<sup>th</sup> October, 14 Year 10 students, 2 Year 9 students and 2 Year 8 students were invited to attend the AMAZE STEAM (Science, Technology, Engineering, Art and Mathematics) Expo hosted by the Commonwealth Bank of Australia, at their offices in the city.

During the first half of the expo students were exposed to new and developing technology and how it will impact their lives. The students found each display interesting, thought provoking and took the opportunity to ask questions and further develop their understanding of the direction of future technologies.

The second half of the expo involved an interactive zone where students got the chance to experience the technologies on display first hand, such as painting whilst wearing a holographic lens, coding robots, learning how to be a cyber security expert and experience what it is like to be an innovator. The students were also given a tour of the bank's innovation lab and shown how the bank uses technology to keep their systems secure and plan the future directions of the bank.

All of the students enjoyed the day and are looking forward to their next STEAM experience.

Carissa Howell

Mathematics / Robotics Teacher



# Communication with You

## Student and Parent Portals

In 2016, Seven Hills High School implemented, the Student and Parent Portals, to provide both parents and students discreet information about each student's progress in our school. Information accessible from the portal includes student timetable details, daily notices for the student to access, attendance details, important school documents relative to each year group and the school, school newsletters, details of N Awards for Years 9 and 10 students, non-completion of work for Years 7 and 8, current and past academic reports including semester and RTA reports, and past NAPLAN results. In addition, parents/carers are able to inform the school of updated contact and medical details through the portal. For parents/carers with more than one student at the school, the one portal account has access to all. Students can access the student portal using their current DoE logon details (username and password) and are not required to register.

Parents requiring to register for an account are encouraged to contact the school via email ([sevenhills-h.schools@det.nsw.edu.au](mailto:sevenhills-h.schools@det.nsw.edu.au)) to obtain access details including family access key and instructions. If you already have a parent account and require your access details including resetting of the password, again, please email the school.

I am confident that you will see the benefits of your registration immediately and be part of our journey in providing this facility to you. As we progress, the Parent Portal will become more and more significant in your day to day management of your child's enrolment at our school.

Should you experience difficulties please do not hesitate to contact me for assistance. I also look forward to hearing from you about your experience with our Parent Portal, and any feedback will be gratefully appreciated with a view to adding further functionality and improvement.

David Erwin

Deputy Principal

## School Website

In addition to the parent portal, the school website is a wonderful point of call to find out information about the school. The address is: -

<http://www.sevenhills-h.schools.nsw.edu.au/>

Along with the school's calendar of events and programs, the site outlines many processes associated with the education of your child(ren) including, attendance and lateness procedures, enrolment and contact names. Details of the curriculum delivered at Seven Hills High School are outlined as well as past and current School Management Plans and Annual School Reports. Recently added and continuing to grow following reviews and updates, are the school policies. Finally, the site also includes many articles published by the Department of Education to support the education of your child(ren) in areas such as literacy and numeracy, career pathways and wellbeing.

Please visit both the school's website and the parent portal regularly, to stay up to date with the school and the progress of your child(ren).

David Erwin

Deputy Principal

## Primary School STEM Day

On Friday 20<sup>th</sup> October, Seven Hills High School hosted a STEM (Science, Technology, Engineering and Mathematics) day for Year 4 students from Seven Hills North Public School and Vardy's Road Public School. Six students from Year 7 mentored the students throughout the day.

They completed a range of activities including an egg challenge where they had to keep an egg safe whilst dropping it off the balcony and making a tower from spaghetti and putting a marshmallow on top; which proved to be quite challenging. They also had the main challenge where they had to make a catapult from materials they needed to buy from a shop set up for the day.

It was a wonderful day and the activities were enjoyed by all. Thank you very much to the organisers.

Aarfina Saad (Year 7)



## Trivia and Bingo Night

The Seven Hills High School P&C Association held its annual Trivia and Bingo Night on Saturday 21<sup>st</sup> October.

On behalf of the P&C, I would like to thank all those who attended and whose generosity enabled us to raise \$780 for the school.

I would like to also acknowledge the following businesses that provided prizes for the event: Bunnings - Seven Hills, Centre Medical Practice, Flower Power, Kings Langley Family Practice, Lowes - Seven Hills, Lynwood Quality Meats, McDonalds, Pizza 2 Kebabs, Rebel Sports - Hornsby, The Sydney Observatory and Wentley Leagues Club.

Brian Cowell

P&C President

## Careers News - Year 10

### Orientation Day at Wyndham College

All Year 10 will attend the Orientation day on Tuesday 21st November from 8:30am to 2:30pm. Students are to wear their full Seven Hills High School uniform. An ID photo will be taken on the day and **students MUST bring \$10** cash. Students are to make their own travel arrangements.

The **Parent Information Evening** will commence at 6pm the same evening in the Hall. From 6:00pm – 9:00pm the Uniform Shop will be opened in Upper C-Block.

### ABCN Aspirations program

A group of 17 Year 10 students have been attending a program aimed at bridging the gap between the skills/passion a student has for gaining employment and being successful as you seek employment. Our students have been partnered with employees from Allen & Overy Law Firm and mentored as they develop skills writing a resume, networking and interview techniques. Last session they learnt the importance of "Personal Branding" and how to prepare and give an "Elevator Pitch". There are two more sessions to attend before the end of the year. Our students have been complimented on their maturity in each session. The final graduation session is Wednesday, 15<sup>th</sup> November 2017.

### English and Mathematics Preparation Days at Wyndham College

English Advanced Induction and Enrichment Day – please see the letter sent home.

Mathematics Preparation Day – Friday, 10<sup>th</sup> November 2017

Students **MUST** wear their Seven Hills High School uniform to ALL days. Students are to make their own travel arrangements.

### 'Knowledge Is Power' seminar days for Year 10.

This year we will be running two days of important post school seminars for our Year 10 students on Monday 27<sup>th</sup> and Tuesday, 28<sup>th</sup> November 2016. These two days will be held at school and students are to wear full school uniform. Information covered will include; safe driving, apprenticeships & traineeships, life at Wyndham College, financial and legal advice.

### Support Work Experience Graduation

On Friday 1st December all students who participated in the one day per week work experience program will be presented with their certificates in a ceremony in the library. All employers and parents have been invited to attend. This will be from 12 noon to 1 pm. Parents are asked to rsvp to me by 25<sup>th</sup> November

## **A Chance to Win Prizes!!!!**

Remember that all students who complete the weekly 'Literacy Activity Sheet' and the fortnightly 'SHHS Reading Challenge' go into the draw for \$20 and \$50 iTunes vouchers.

## Careers News - Year 9

### Senior Subject Expo days at Wyndham College

All Year 9 will attend the Senior Subject Expo Days on Monday, 27<sup>th</sup> and Tuesday 28<sup>th</sup> November at Wyndham College. Students are to wear their full Seven Hills School Uniform. Students will be bussed from Seven Hills High School to Wyndham College at 8:30am (starting at Wyndham College at 9:00am). A bus will also return the students to SHHS by 3:00pm each day.

Please return your note to me ASAP.

### The Helmsman Project Celebration assembly – girls group.

This will be held at school on Thursday, 16<sup>th</sup> November at 1:00pm.

The girls group successfully linked with Parramatta Mission to assist the homeless. This assembly will highlight their achievements.

A very big thank you to all the staff, students and community members who donated items for the care packs. We especially thank City West Church and Common Groundz Café who partnered with the school and also donated items.

A fantastic effort from everyone!

Mrs Slater

Careers Adviser

## Sculpture by the Sea

On Tuesday 24<sup>th</sup> October, our Visual Arts and Photography & Digital Media students had the wonderful opportunity to go to Bondi to see the annual Sculpture by the Sea exhibition.

Artists from all over the world participate in this event. The students were able to view works on the coast line and interact with them at Marks Park and on Tamarama Beach. It was a fantastic day enjoyed by both students and staff.

We look forward to attending the event with even more students in 2018.

Kim Clemson

Visual Arts Faculty



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Exposure to the sun's ultraviolet rays can cause skin damage, which can lead to skin cancer. The risks are higher during the warmer months & that's why it's important to have regular skin checks with an accredited skin cancer doctor.

**KRMC®'s Skin Cancer Clinic** is run by Dr. Sameer Abedi, Dr. Arevik Gazarjan & Dr. Kalpana Loganath and they are able to perform excisions of moles that appear to be of concern and to send them for laboratory analysis via our on-site Pathology department. Follow-up treatment and referrals to specialists can be arranged.

*For more information and to make an appointment at KRMC®'s Skin Cancer Clinic, please call Reception on 8822 3000. Please note that charges may apply.*

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