



Seven Hills High School

A member of the Nirimba Collegiate group of schools

Newsletter

August 2016



Pathways to Dreaming

On Tuesday, 28th June, Year 10 students involved in the Pathways to Dreaming mentoring program attended an educational day at Western Sydney University's Hawkesbury campus.

After breakfast at the campus, students attended three workshops, the first being sustainable living. This began in a sustainable house, one made entirely of mud-brick and wood, sourced from the local area. The students were then shown how to plant seedlings and were taken through various processes the university used to sustainably filter water.

The second workshop was a reptile workshop. Here we were introduced to a variety of snakes and lizards. They really enjoyed the hands-on experience and learned a lot about a variety of different reptilian habits.

The final workshop was a nursing workshop. The group were shown a variety of dummies used to simulate emergency situations. These were set up in a simulated emergency room. Students learned how to check heart rate and blood pressure, temperature and other vital signs.

Overall the day was a great success and enjoyable for all.

Semester 1 Rewards Day

On Thursday, 30th June, 92 excited students departed on the Semester One Rewards Day to participate in various activities, celebrating all of their hard work and dedication towards their studies.

Students are selected to attend Rewards Day based on their determined application to achieve in all of their classes, and the wider school community, and their endeavours in following the school's vision of R.O.A.D (Respect, Organisation, Application and



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The day began with all students 'jumping' around at FLIP OUT! Some students were more daring than others, with their double kick front-flips, and a few dizzy teachers even left the venue feeling a touch ill.

The second stop saw us at the Ten Pin Bowling lanes, where the students challenged their inner 'Fred Flintstone' and used their best Twinkle Toes routines down the lanes. Lunch was devoured and the fun continued with the students splitting up into year groups to participate in Laser Tag.



Upcoming Events

August

- 10th P&C Meeting 7.30pm in the Library
Cayless 9's Football
- 11th Drug Education Seminar Year 10
- 12th Science & Maths Exposed excursion
- 15th National Science Week
- 17th Ski Trip Information Evening
– Wyndham College
Year 8 Subject Selection Evening - Library
- 18th Collegiate Science Challenge
– Riverstone HS

- 22nd Collegiate SRC Day
- 23rd Year 8 Camp – Cockatoo Island – 2 days
- 29th Year 9 & 10 Ski Trip – 3 days

September

- 1st Father's Day Dinner
- 6th Pathways to Dreaming Workshop
- 7th Digital Thumbprint Presentation – Year 9
- 12th Yr 7/8 Gala Day
- 21st Showcase Performances
- 22nd Sport Day
- 23rd Grade Day

P&C Meeting this Wednesday

This Wednesday, 9th of August, Mr Joseph will be presenting on "What is Happening" for your child in PD/H/PE and Music. All parents, carers and community members are welcome!

Sports News

CHS Cross Country

On Friday, 22nd July, Sharmayne Melide represented Seven Hills High School at the NSW CHS Cross Country Carnival. She placed second in her category for the second year running. Congratulations Sharmayne!

Sydney West Athletics

On Thursday, 28th and Friday, 29th July, 17 students headed to Blacktown International Sports Park to represent Blacktown Zone at the Sydney West Athletics Carnival. There were a number of great performances with Tahlia O'Connell coming first in pentathlon and placing in the top three in Hurdles, Shot Put, Discus and Long Jump. Sharmayne Melide came first in Long Jump, 100m, 200m and 800m. Congratulations to both girls and good luck for the CHS Athletics Carnival.



Archibull Prize Project- Art4 Agriculture

This year Seven Hills High School is entering the Archibull Prize Competition. The Archibull Prize is a world renowned program, which explores the role agriculture plays in the health, wealth and happiness of Australians and many other people around the world.

Each school is given a fiberglass cow which is to be painted and decorated. The theme this year is the 'Grain' Industry. So far the students have developed plans for the cow design and are currently starting to create their masterpiece.

We have been lucky enough to have had two visits by farmers who work in the Grain Industry. The latest visit was from Dan, a fourth generation Grain farmer from Wagga Wagga. He spoke to the students about life as a grain farmer and all the related aspects to the industry.

Voting for SHHS Gym Project, Now Open!

We have entered a community-focused initiative run by Credit Union Australia to be in the running to win \$5,000 for a school project of our choice – **Refurbishment of the school gym.**

To learn more about the program and our project proposal, please visit:

www.cuacommunitycare.com.au and select our school from the drop-down menu.

Voting is simple. You can place your vote via the website or go to your local CUA branch

Your local CUA branch is **Blacktown. Shop 1048, Westpoint SC, Patrick St Blacktown, NSW 2148**

Don't forget, every person can vote once online **AND** once in the branch. Voting is open to everyone so please feel free to get friends and families involved and voting.

Please remember: voting closes at 4:30pm (AEST) on Tuesday 23rd August.

Library News

Several new books have flowed onto our shelves and we would like to thank the students for all their recommendations.

Some new titles and series include:

- Goosebumps series
- Deltora Quest series 1, 2 and 3
- Library Quest *
- The Sky is Everywhere
- The Duff
- Rock War
- Lone Wolf
- Percy Jackson series*
- A New Australian series *
- The Yearbook Committee
- Malala*

(*very popular)

We are thrilled to have ordered and received Morris Gleitzmans' newest addition to the series "Once, 'Then', 'After' 'Now' with 'Soon'.

We have even introduced QR coded books!!

Don't forget homework centre is open every Wednesday in the Library from 3:10pm - 4:10pm.



From the Science Faculty

Chirpy Chickens

As part of their current unit of work, 'Poultry Enterprises', Year 9 Agricultural Technology participated in the 'Chicks R Us' schools program. The initiative allowed students to experience the process of hatching and caring for baby chickens. In total we had ten chickens hatch, two of which hatched right before our eyes! The chicks became quite an attraction with students across the school visiting daily.



Better Homes & Gardens – Guest TV Show Appearance

Late last term, Year 9 Agriculture spent the day filming with the Better Home & Gardens crew. It was pleasing to watch the students showcase their work with pride and enthusiasm. The day also provided a rare glimpse into the complex process of creating a television segment.

The story went to air on the 15th July and was well received by all students involved as well as the greater school community.



Celebrating Application and Determination

On the last day of Term 2, we hosted Semester One - Class Award Assemblies for Years 7 and 8, and Years 9 and 10, in the school hall. The award recipients were selected by their teachers in one of two categories: First in Class or Subject and Most Improved in the subject. Students achieved these awards demonstrating excellence in academic achievement or improvement in application in class over the course of Semester One. The assemblies were well attended by the students, and their parents, and celebrated the hard work and effort of our students. We look forward to celebrating student success again at the Class Award Assemblies at the end of Semester Two.

NAIDOC Week

This year's theme for NAIDOC Week was Songlines. Seven Hills High recognised and celebrated this event with a variety of craft activities and dreamtimes stories, in the library at lunchtime.

Our Aboriginal and Torres Strait Islander students, along with our Student Representative Council, baked and iced 400 cupcakes in the colours of their flags. These cakes were shared with all the students in the school after a special assembly.

Our guest speakers for our NAIDOC assembly, included Jyai Bransby, who shared his story of growing up on his ancestor's land and the skills he learnt from them. He spoke extremely well and is a great role model for our younger Aboriginal and Torres Strait Islander students. We were also lucky enough to have our Young Mob program coordinator, Sophia Romano, speak at our assembly about stories from her Torres Strait Islander culture. She also talked about the importance of all Australians knowing about our indigenous culture in order to create tolerance and understanding. Sophia showcased camps she has organised, where students spend time on country to learn more about their indigenous history and culture.



2016 Hills Cup Grand Final

On the 21st July, our Years 9 and 10 Rugby League team played against Gilroy High School in the Hills Cup Grand Final at Pirtek Stadium. Although the team was not victorious, they were provided with a remarkable opportunity of playing at Parramatta Stadium and experiencing what it is like to be a First Grade Rugby League player.

The coaching staff would like to take this opportunity to thank all the parents, teachers and students who came out and supported the team. Below is the team list. We are very proud of each of them for their efforts throughout the year and during the game.

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|------------------|-------------------------|--------------------|
| 1. Stephen Sands | 13. Jackson Brown | 7. Josue Wilkinson |
| 2. Brock Scott | 14. Raidan Lemalu | 8. Bradley Beers |
| 3. Tyler Waitere | 15. Max Harris | 9. Joshua Ison |
| 4. Connor Abnett | 16. Matthew Grasso | 10. Joshua Baker |
| 5. Jyai Bransby | 17. Jessie Goodall | 11. Andrew Castia |
| 6. Jye Bond | 18. Devran Kachar Demir | 12. Zak Tata |



Year 10 Fast Forward Day

Our day started in the pouring rain, boarding the awaited bus for a long trip to Western Sydney University's Hawkesbury campus. We arrived with the rain still pouring and, unfortunately, counting upon Mr. Rumball's geographically challenged navigational skills, we tried to find the hall. After a very nice wander in the rain, we stumbled upon a Fast Forward supervisor who welcomed us into the hall which was blessed with food and drinks for morning tea.

After morning tea we formed into groups with the other schools and were shown a presentation demonstrating Covey's 7 Habits

for Highly Effective Teens. Topics included: Beginning with End in Mind, Putting First Things First, Seeking First to Understand Then Be Understood, Aiming for Win-Win Situations, Synergizing and Sharpening our Saw.

We then broke into our groups to create productions representing our respective habits. After an hour of 'professional' film production, each team's video was presented.

After a delicious pizza lunch each team sat down and looked for potential future careers based on personal interests and subjects that we like. Bullseye charts and the WSU courses for 2017 were used to seek possible careers, making us more confident in our opportunities for the future.



Thank you so much the WSU and the Fast Forward team for inviting us and of course to Mr. Rumball for putting up with us. It was a fun and productive day with much knowledge gained.

Lidya Rivai and Daisy Scott

To see one of our team's production go to:

https://www.facebook.com/plugins/video.php?href=https%3A%2F%2Fwww.facebook.com%2Fwestsydufastforward%2Fvideos%2F1167448389944996%2F&show_text=0&width=560

Careers

Year 10

TAFE Vocational Education and Training (TVET courses for 2017). All application forms are due to Mrs Slater by 10th August 2016 if you wish to be considered for a course in 2017. These are generally offered on a Monday or Wednesday afternoon from 2pm – 6pm.

ABCN Aspirations program. A group of Year 10 students will shortly commence a program aimed at bridging the gap between the skills and passion a student has for gaining employment and being successful as you seek employment. 19 of our students will be partnered with a host employer and mentored as they develop skills writing a resume, networking and interview techniques.

Enrolment and Subject Selection at Wyndham. The large yellow envelop with enrolment papers is now overdue to Mrs Slater. Please return it to the school ASAP. A few students also need to complete their on-line subject selections. This can be completed at home if they have their login code. If you wish to contact Mrs Slater to discuss please call (02) 9624 3329.

Blacktown Job and Training Expo

Thursday, 1st September, 2016 10am – 2pm

Blacktown TAFE College Phone: (02) 9208 1808

Free to attend just register at

<http://wsi.tafensw.edu.au/about-wsi/news-and-media-centre/job-and-training-expo/register-to-attend/>

Platinum Club – applications due by Friday, 19th August

Any Year 10 student wishing to apply for the Platinum club at Wyndham College must bring in their forms, two school reports, certificates and awards. Mrs Slater is happy to photocopy all paperwork for the application. Please bring it to the Careers office ASAP.



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