



Seven Hills High School

A member of the Nirimba Collegiate group of schools

Newsletter
December 2016

An End of Year Message from the Principal

And so we come to the end of another successful year at Seven Hills High School. A year full of positive educational experiences in the classroom, active participation in camps, citizenship, leadership and vocational education opportunities, academic and sporting successes and avenues for students to display their creative talents.

I would like to acknowledge all students on their successes across a range of activities. The number of students receiving awards at our recent Presentation Day and end of year Celebration Assemblies is testament to the widespread commitment students have to self-improvement. Thank you to the members of our student leadership teams, our School Leaders, Student Representative Council, Sports Council and Peer Support Leaders, on your efforts in leading and managing a variety of programs that have impacted positively on students at our school and beyond.

Our students have been extremely fortunate to be sustained in their educational journey by a dedicated team of educationalists, support and administration staff and a network of committed industry, educational and community organisations. I am greatly indebted to the commitment you have shown to our students during the school year.

Finally, thank you to the Seven Hills High School parents and community members, your support of the students and staff in 2016 has been greatly appreciated. Thank you to the dedicated group of the Seven Hills High School P&C Association who have supported our school in many ways this year as well as the Citywest Church for their support of the students and families of this school.

Have a safe and restful Christmas and I will see you in the new year.

Greg Johnstone

Messages from the Deputy Principals

Ms Macan

What a year of learning, sharing and building!

As always, the year has passed by so quickly that I had to look over my calendar to reacquaint myself with the many programs we have implemented, events that we have shared, and finally the foundations we have laid, for the future success and growth of our community.

I would like to start by thanking the staff for their enthusiasm to create and implement student programs that provided individual growth both academically and socially. Our priority has always been to develop the strengths of our students and support areas of growth so that they are able to contribute actively to society. The personal time and energy, devoted by staff, to ensure initiatives are relevant and engaging is greatly appreciated.

Twelve months on and Year 7 will soon be acting as role models to our new, incoming students.

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P&C Meeting this Wednesday, 14th December

All parents, carers and community members are welcome!

They have developed positive relationships with staff, peers and older students, and volunteered for school responsibilities and contributed to activities. It has been wonderful to watch them mature as the year has progressed.

Year 9 students, on the whole, have successfully met their obligations in attaining the initial RoSA requirements. Some students will need to place more focus on submitting tasks on time so that their progress in Year 10 is not jeopardised.

It was pleasing to note the number of Year 9 students who self-nominated to be Peer Support Leaders. Recognising one's strengths and being willing to contribute to the betterment of others was highly rewarding to witness.

Congratulations to the students who gained the positions of Captain, Vice-Captain and Prefect for 2017. The roles will be demanding at times, but I am sure they will meet any challenge with strength and confidence and succeed to a high standard.

I would also like to congratulate the 2017 Sports Captains. Guiding sporting teams, developing team spirit and encouraging individual participation for the benefit of a group requires a strong resolve. I am sure each captain's individual talents will be utilised effectively to promote greater school spirit.

Finally, I would like to thank all our parents and caregivers for their support. It has been a pleasure to work with you on developing positive learning pathways for your child.

I would like to take this opportunity to wish everyone a safe and relaxing holiday break and I look forward to working with you in 2017.

All the best

Ms Ana Macan

tour of the island and the facilities formerly used for ship building and repairs during World War II.

Upcoming Events

December

14th Rewards Day
P&C Meeting. 7.30pm in the library

16th Last day of term.

January 2017

27th School Development Day
30th Year 7 students return
31st Normal classes for all Years 7 -10

Mr Erwin

How quickly the year has gone! It seems like yesterday the year was beginning, and now we are preparing to wish each other a relaxing and well-deserved break. It has been a pleasure to watch the development of all our students and in particular, to witness their positive contributions to school and community life. Much of their efforts stemmed from wanting to make a difference and a strong desire to give of themselves.

I would like to take this opportunity to thank the parents of our students for your patience, guidance and support. Without your understanding and perseverance much of what we endeavour to achieve at school would not be possible. Thank you and I look forward to working with you in the continued partnership of your child's learning and development in 2017.

As the Deputy Principal in charge of Year 8 and 10, I would like to take a brief moment to highlight the events that have taken place in 2016:

Year 8 students visited Cockatoo Island for their camp this year. For most, it was the first time they had been to the island. Camping on the island overnight was an experience despite the inclement weather. All students were engaged throughout the historical

efforts in supporting and advocating the needs of Year 10 throughout 2016. His efforts in supporting Year 10 have seen many successful stories for students and I thank him for his passion and willingness to go above and beyond to ensure the success and wellbeing of all the students.

On a final note, I would like to congratulate all students for their achievements, on Presentation Day. In addition to this, many of the recognised success stories demonstrated involvement by our staff at an individual, faculty and whole school level. Developing a love for learning and engendering responsibility for accessing resources, ensures all students can compete on an equal playing field with their counterparts in society. I would like to thank the staff of Seven Hills High School for continuing this honourable responsibility and in advocating the wonders of public education.

I would like to take this opportunity to wish the school community a happy, safe and relaxing holiday. Again, thank you all for your support this year and I look forward to working with you in 2017.

David Erwin

Classa Martinuzzi Collegiate Deputy Principal

This last term has been a busy one for Nirimba Collegiate Year 10 students. The term started with Collegiate Year 10 RoSA Examinations for English, Mathematics, Science and Geography/History.

Year 10 then completed BOSTES *All My Own Work* modules in preparation for their senior studies. The *All My Own Work* program takes students through expected academic practices and provides students with information allowing them to apply the principles and practices of good scholarship.

The next Year 10 event was Orientation Day and the Parent Orientation Evening. It was great to see the high levels of participation, despite the extremely hot conditions on the day and evening.

Year 10 students were invited to participate in several preparation and induction days at Wyndham College.

- David Ryan and Dimitri Papanis engaged students in the English Advanced Induction Day. Students participated in a variety of activities to give them insight into the course content and texts set for study, familiarise them with a variety of resources and modes of teaching and an opportunity to enrich the skills, knowledge and understanding expected in the Stage 6 course.

- Denis and the Mathematics faculty pro days of Mathematics. They covered a variety of topics, including algebra, geometry, trigonometry, coordinate geometry and surds.
- This year, the Social Sciences faculty conducted a trial “I’m On My Way” day. This day was designed to provide transition support for students from Riverstone High School who have selected to do any

Futsal 2016

Over the last year teams from Seven Hills High School have been competing in competitions for the Futsal Schools Championship. It is through this participation that the Under 16 boys were invited to compete at the State Championships on Thursday the 4th of August. The boys went into the competition not knowing what to expect. They were, however, full of pride and belief and caused a major stir winning their first game against Killara High School 4-2 after trailing 2-0. The boys then went on to play International Football School. It was a tight encounter but the boys stayed strong and were rewarded for their efforts with a last minute penalty, which Jacob Irwin scored to win the game 2-1. This was an important result as it meant that the boys only needed a draw against Mamre Anglican School. This looked likely when the teams were locked at 1-1 with two minutes to go, but unfortunately, Mamre scored and then scored again to win the game 3-1. The result meant that the boys narrowly missed the quarter finals by 1 point. Whilst the boys just missed the quarter finals they should be very proud of their efforts as they showed great belief and spirit which resulted in great results for next year's team to build on.



On Friday the 5th of August 25 students from the Support unit competed at the State Futsal Championships for Athletes with a disability. It was a fantastic day with each of the three teams playing with great spirit and determination. Each of the three teams were able to win a game which resulted in great excitement from the cheer squad in the stands.

Now it's time to get ready for next year's competitions!



Year 10 Life Skills Class Visits Wyndham College

As part of their transition program the Year 10 Life Skills class visited the Wyndham College on 26th October. The main aim of the visit was to familiarise students familiarise with their new environment for 2017 and make the transition much smoother.

Upon arrival the class was met by the Principal, Ms Karen Smith. She spoke with the students and welcomed them to the College. The class was then taken over by the Head Teacher Support, Jo Arundell. She spoke to them very briefly and took them to classes such as Visual Arts, Wood Technology and Computers. After a short break the students had a game of hockey on the multi-purpose court with the PDHPE class.

The students had a lovely time at Wyndham, socializing well with our past students, and they are looking forward to attending lessons there next year. The Life Skills teachers at Wyndham had a lot of praise for our students. They displayed an excellent and noteworthy behaviour.

Victor Chang Blacktown City Council Science Awards

On 8th November, one of Seven Hills High School's keen science students, Jayden Cavanagh, was presented with the Victor Chang Science Award at the Blacktown Council Civic Centre.

This award is presented to students to recognize their efforts and achievements in the field of Science. The Award takes the form of a framed certificate recognizing the recipient for their achievements, as well as the opportunity for the recipient to spend time at the Institute to learn first-hand about its activities and about a career in Science.

Congratulations Jayden.



Year 8 Gifted and Talented Science Day

Four Year 8 students, Alanna Kaufmann, Tyla Sinclair, Jack Laing and Jennifer Swadling, attended a Gifted and Talented Science Day at the Western Sydney University on the 22nd of November.

The Day was held in the brand new science building where students visited 3 laboratories: Cool, Colour and Create. In the laboratories students participated in a variety of activities that aimed to engage and extend them in Science. Students made slime and grew crystal gardens in the Create Lab. They enjoyed liquid nitrogen ice-cream and learned about properties of dry ice in the Cool Lab.

In the Colour Lab, students conducted a rainbow reaction and dyed carnations to take home.



Streamwatch End of Year Excursion

The Year 8 Citizen Science Streamwatch Team visited our sponsors, the Australian Museum in Sydney.

We met the coordinator of Streamwatch, Greg Macdonald, who chatted to us about the importance of our water testing and bug surveys. He explained how the urbanization and the nearby North West rail link has impacted Lalor creek and its water quality. We also heard about Gumbusia, an introduced fish, which is the greatest threat to our native water creatures. They give birth to live young, are found globally and feed on our native tadpoles and fish eggs. They also cause disabilities in eels and fish by nipping their fins. We spent the rest of the day looking around the museum and were lucky enough to be invited to see the special Spider exhibition.

It is a great museum and some of us will definitely be back to spend some more time viewing the new exhibitions.

Premiers Sporting Challenge – Leading with Action

On Tuesday 8th November, seven students from the Year 9 Physical Activity and Sports Studies classes took part in the Premiers Sporting Challenge Learning to Lead Coaching Workshops. The students selected 3 sports from a list of 9 that they'd like to be trained to coach. Sports included: gymnastics, netball, football, rugby league, tennis, cricket, softball and more. The students had a great day learning the tips and tricks of how to successfully coach their chosen sports to beginners and young school students.



Next year, these same students will be provided with the opportunity to utilize their new found skills developing coaching programs for primary school students from the Blacktown area.

Congratulations to all the participants who represented our school with enthusiasm.

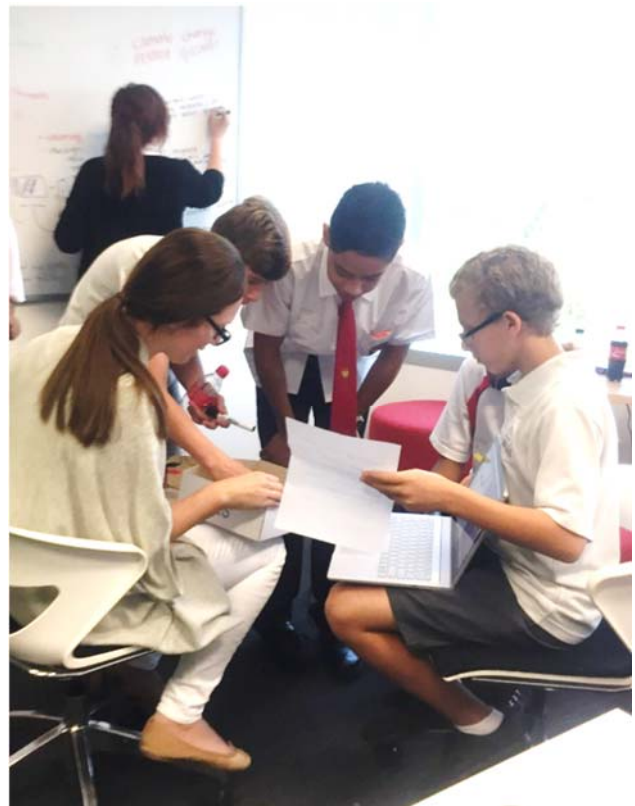
Year 9 Premiers Sporting Challenge Team:

Roxanne Brown, Jacob Clarke, Lleyton Coleman, Phoenix Galistan, Max Harris, Gabriel Loos and Tahlia O'Connell.

Full Steam Ahead Program

After three visits to the Powerhouse Museum over the past few months to learn about different technologies and coding, two of our students – Dylan Kent and Lewis Schmid were invited to complete a day's work experience at Microsoft, learning to market the game which they had designed, developed and created as part of a team made up of students from other schools at the third session at the Powerhouse Museum.

On Wednesday 23rd November, Mrs Howell, Lewis and Dylan not only got to explore the office space of Microsoft and discover alternative work practices, but spent the day with mentors whilst participating in workshops on marketing and storytelling, which finished off with a working lunch, whilst they put together a presentation to help market their game.



This day was very different to the previous days, which had been about technology and coding, and it allowed the students to experience the final steps in creating a product – pitching ideas and products to executives. Dylan and Lewis worked collaboratively with their team and created an exceptional presentation in the limited time they had. The mentors were extremely proud of what the boys had accomplished with both Dylan and Lewis representing the school in such a positive focused manner and pushing themselves beyond their comfort zones.



Smooth Walking Program

During Term 4 Seven Hills High School welcomed numerous primary schools from our local area to participate in the Smooth Walking Program.

The program focused on providing students from Stage 3 with a ‘real life’ high school experience. They participated and interacted with various subjects to gain knowledge and understanding of the different subjects on offer, and explored how timetabling and individual lessons run. The primary students were accompanied by our Year 9 peer support leaders who were there to assist with questions or to alleviate any fears about starting high school.

I would like to take this opportunity to thank the teachers of Seven Hills High School who generously donated their time and teaching expertise to help the program run. Ms Riddell worked her magic in the kitchen, with Honey Joys on her Food Technology menu and Ms Moran and Mrs Clemson saw the students designing, drawing and creating through their Visual Arts lesson. All of this excitement was accompanied by the unique experience given in Robotics by Mr MacLaren and Mr Ward, where students were able to ‘code’ their own robots. Students also had the opportunity to learn a piece of music with Mr Thomson and students were able to use numerous instruments to participate.

The program has been met with great success this semester, with close to three hundred Year 5 students engaging in the program. We are looking forward to welcoming more students next year.

Ms Leigh Messer
Transition Coordinator

Canberra Excursion

On the 9th of November, Year 7 and 8 Self-Select classes travelled to The National Museum in Canberra for a once in a lifetime opportunity to attend an exhibition of over 100 artefacts that have never left the British Museum.

At 7.30am, we jumped on the bus to begin our incredibly long journey to Canberra. On the way we watched movies, ate lollies and slept. We arrived at the museum at around 11.00 and started our journey, looking at different artefacts from around world.

It was a great experience as there were a lot of cool artefacts, including an actual sarcophagus, all the way from Egypt!!! We explored the rest of the museum, then had our lunch on the grass, next to the lake. We got back on the bus for a 5-minute drive to the Australian Mint where we learned how our money was made.

We discovered how money has changed overtime and made our own coins. We went back to the bus, stopped for dinner at Maccas, then it was back to school. It was a really good day, full of learning and interesting new things. We would like to thank Mr Jones, Mrs Rodd and Ms Messer for organising this great excursion.

Amneh Chaker and Rachael McDermott

Knowledge is Power

On Tuesday 29th November and Wednesday 30th November, Year 10 participated in the Knowledge is Power Program, which is organised by the Student Wellbeing Team. The students were involved in a number of presentations and seminars, which focus on providing real life examples and lessons, for them to consider in their transition to Wyndham College or on to job opportunities.

The students were spoken to by two Para Olympic competitors from the NSW Sport and Rec, *Wheelchair Roadshow*. The presenters discussed road accidents, taking risks and caring for yourself, before explaining their personal circumstances around their mobility. The students then engaged in a wheelchair basketball game, where they were able to experience being in a chair. The Year 10 students were also spoken to by a careers advisor, representatives from the NSW Department of Fair Trading and an organisation which assists Learner Drivers. The program this year had a theme of raising awareness of domestic violence. Students participated in a sessions delivered by Mr MacLaren, which focused on identifying domestic violence, and the means of support if domestic violence is experienced.



On the last day of the program the students were joined by their Year 11 Year Advisors from Wyndham College and our ex school captains, Daide Chaker and Lisa McDermott. They discussed the transition process to senior schooling and some of the issues they might face.

The program was once again a great success thanks to the efforts of Ms Messer, Mrs Dutt, Mr



Year 10 Formal

On Tuesday 6th of December, the class of 2016 celebrated their time at Seven Hills High School with their Year 10 Formal. The Formal was held at Oatlands House and luckily the weather held off to see students all arrive in their fancy cars. The night was full of stunning dresses, dapper suits, delicious foods, plenty of laughs and incredible dance moves.



Careers

YEAR 10

1. Wyndham College www.wyndhamcol-h.schools.nsw.edu.au/

- The **first day** for all Year 11 is Monday, 30th January 2017.

“All My One World” and the school’s website at THE POSTER WEBSITE

Wyndham College Uniform

UNIFORM SHOP OPENING TIMES

School Holidays	Thursday 12 January 2017	9am – 2pm
	Thursday 19 January 2017	9am – 2pm
	Wednesday 25 January 2017	5pm – 7pm
Term 1 2017	Monday 30 January 2017	12.30pm – 1.30pm
	Tuesday 31 January 2017	4.30pm – 6pm

Back to normal operating days from Monday 6th February 2017 – 12.30 – 1.30pm

The Friends of Wyndham Uniform Shop is located in Upper C Block at Wyndham College.

Girls Packs

1 x Skirt

2 x Shirts or Polo

1 x Girls Pants

1 x Jacket or Jumper

With Jacket \$170

With Jumper \$182 (up to size 16)

With Jumper \$191 (18+ sizes)

Save up to \$33

15% discount only available when bought in a Pack

No refund only exchange

Boys Packs

1 x Shorts (**Only** for Terms 1 and 4)*

2 x Shirts or Polo

1 x Long Pants

1 x Jacket or Jumper

With Jacket \$157

With Jumper \$170 (up to size 16)

With Jumper \$178 (18+ sizes)

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No refund only exchange

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IT'S TIME FOR YOUR ANNUAL SKIN CHECK!

Exposure to the sun's ultraviolet rays can cause skin damage, which can lead to skin cancer. The risks are higher during the warmer months and that is why it is important to have regular skin checks with an accredited skin cancer doctor.

If necessary, KRMCC's GPs will use mole-scanning technology to detect any suspect moles and to build up an accurate picture of changes to the skin over time. Our GPs and Nurses are able to perform excisions of moles that appear to be of concern and to send them for laboratory analysis via our on-site Pathology department. If required, follow up treatment and referrals to specialists can be arranged.


For more information and to make an appointment at KRMCC's Skin Cancer Clinic, please call Reception on 8822 3000.

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