



Seven Hills High School

A member of the Nirimba Collegiate group of schools



Up Coming Events

September

- 9th P&C Meeting 7.30pm in the library
Homework Club
- 11th Showcase rehearsal
- 12th Lalor Park's Got Talent
- 14th William Rose integration program
Showcase rehearsal
SRC Camp
- 15th Showcase rehearsal
Botanical Gardens excursion
SRC Camp
- 16th Primary Showcase Performance 11.30am
Showcase Displays 6pm
Showcase Performance 7pm
- 17th Year 12 Graduation at Wyndham College
RTAs distributed
Grade Day
- 18th Sports Day
Walkathon
Last day of Term 3

October

- 6th First day of Term 4
- 14th P&C Meeting 7.30pm in the library
Homework Club

From the Principal's desk

As announced in the last newsletter, the 'Students Leading School Improvement' program has been launched and two initiatives have already been put into action. A number of Year 7 students are helping to organise a school disco which will be held on the second last day of the term and as suggested by several Year 9 students, we will be conducting a review of our school uniform. This review will be led by a committee of students, staff and parents, which will seek the opinions of all school community members in determining the future school and sports uniforms.

It has been wonderful to see the positive response to our latest focus on the wearing of school uniform and prompt attendance to school. The wearing of uniform is one way that students can demonstrate their support of each other and their pride in being a member of our school. The habit of promptness shows a respect for a relationship, such as the one between staff and students, as well as being a valuable trait sought by present or future employers.

Next Wednesday night is 'Showcase' night. This is a great opportunity to see displays of students' works across a number of Key Learning Areas. Displays can be viewed from 6.00pm in our library followed by performances in the auditorium from 7.00pm.

Last Month's P&C Trivia Night was a great success. Those staff and community members who attended had a great night. Thank you to the P&C for their organisation of the event and to all those businesses and community members who donated prizes for the event. At this week's P&C Meeting, Mr Erwin will be presenting a draft of the new school report which we are looking to implement for Years 7 to 9 at the end of this year and for Year 10 in 2016.

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 Email: sevenhills-h.school@det.nsw.edu.au
 Website: <http://www.sevenhills-h.schools.nsw.edu.au/>

September 2015

Parents and caregivers, later in this newsletter is a link to the Tell Them From Me – Partners in Learning survey which will enable you to give your views on our school's support of student learning and behaviour. It will also provide the school with valuable insights into our students' practices and activities at home. Please take the time to access and complete the survey as it will be a highly effective tool for communication between parents and the school. This newsletter will also be available on the school's website with the link to the survey. Access to the link will be easier through clicking on the link via the pdf version of the newsletter.

There are a number of activities planned for the remainder of the term which will provide students with invaluable learning experiences outside the classroom. The success of these events is reliant on positive participation and as always, students attendance is compulsory each school day.

Finally, Seven Hills High School is hosting 'Lalor Park's Got Talent' on Saturday the 12th of September from 5.00pm until 9.00pm. Tickets are on sale at Common Groundz Café and Lalor Park Public School for \$2 each. Raffle tickets are also on sale, with prizes including vouchers from Bunnings, Lalor Thai, Franki's Cafe, Lilys Restaurant, AMF Bowling, Gold Class, singing lessons at Shine Music etc.

Greg Johnstone

Deputy Principal's Report

At our last formal assembly, I had the pleasure of awarding a number of Year 10 students with Certificates of Excellence. These students have shown commitment to their learning and have demonstrated excellence by always trying their best, giving things a go, meeting deadlines and being aware of the impact of their actions on those around them. The award winners for Semester 1 were: Emily Blue, Paige Brookland, Daide Chaker, Alisha Cochran, Jemma Corsiato, Zachary Curtis, Andrew Davies, Jerome Elten, Sheetal Gurung, Tyra Martin, Lisa McDermott, Tom Morgan, Caitlin Nisbet, Jennifer O'Hare, Cameron Pike, Sarah Press, Breanna Robertson, Skye Singh, Madielene Tadiaman and Mary Takau.

The annual trip to Dubbo took place on 27th and 28th of August. The weather was cold but the learning was fun and engaging. Students and staff stopped at The Three Sisters in Katoomba and Wellington Caves prior to the 'ZooSnooz'. The next day involved getting up early, encountering animals before the Zoo's opening and participating in a bike tour. On the way home a stop off was made at Old Dubbo Gaol and Mount Panorama.

I would like to take the opportunity to commend all the Year 8 students that attended the Dubbo Zoo Camp. They were respectful, caring, positive and cooperative to each other, Zoo staff and the general public. This is not so surprising as it is the expectation at Seven Hills High School but is particularly endearing when these qualities are displayed without reminders or cues being given.

I would like to thank Mr Jones for organising the Camp and Mr Bobadilla for offering to supervise.

A fabulous time was had by all!

Ana Macan

Deputy Principal's Report

Congratulations to those Year 9 students who were recently awarded Certificates of Excellence, demonstrating excellence through sustained and diligent effort in all aspects of academic and behaviour within and beyond the classroom. The award winners for Semester 1 were: Connor Abnett, Angela Borg, Lauren Brookland, Jayden Cavanagh, Zachary Crayton, Aiden Cullen, Patrick Lee, Chloe Markwick, Grace Morley, Dylan Phillips, Lachlan Pike, Alarna Power, Axel Rivai, Lidya Rivai, Daisy Scott, Jade Thomas and Eric Zaccazan

Last week, in preparation for Semester 2 examinations, all students participated in study skills seminars through the Elevate Study Program (ESP). The Elevate seminars are based on twelve years of ongoing research into the habits of top students. Developed from the findings of this research, the seminars provide students with simple and practical skills which have already been proven to work for students and that can be used immediately.

Elevate presenters delivered the seminars to each year group in small groups each of which had a different focus on the program. Year 7 seminars focused on kick starting study habits by looking at dynamic reading and how to read text, formatting study notes with tips on effective note taking and mind mapping. Year 8 seminars addressed time management, balancing preparation with other aspects of a student's life and homework and revision techniques. Year 9 seminars looked at memory mnemonics and learning techniques with tips on how to easily remember content as well as effective study habits. Finally, Year 10 worked through the 'Study Sensei' program, a holistic approach to completing assessments and preparing for examinations as well as examination techniques. They also focused on goal setting, reflection on results and ways of going about improvement post examinations.

Student evaluations reflected how highly they regarded the seminars and valued the strategies

explored. Staff will build upon these strategies in the classroom throughout the semester.

Further ideas to support your child and expand on the Elevate program at home can be found at this location <http://au.elevateeducation.com/parents/articles>. Articles include 'Getting your child Motivated', '5 Ways to Help Your Child Manage Distractions' and 'Helping Your Child Through Exam Blocks'.

David Erwin

English Matters

Year 10 English

It is hard to believe that we are already at the end of Term 3 and the final countdown is underway for all of Year 10 regarding final assessments, assignments and deadlines. Students should now be making the most of their valuable time in order to be successful and achieve their academic goals this year.

Year 7 and Year 8 English

In Term 3, we introduced the two cohorts to **R.Y.O.T** (Read Your Own Thing). Students were taken to the school library by their English teachers during one of the Reading Box sessions and given time to choose a book that they would like to read. We replaced one of the Reading Box sessions with this new initiative and discovered, as a faculty, that it was highly successful. The Year 7 and Year 8 Self Select classes will also participate in this program later this term.

At Seven Hills High School, we encourage all students to read for at least 10-15 minutes a day. The benefits for the students over their school years are immense. So we ask you to encourage your child/children to read as part of their regular homework routine. It is very important – and what better time than now!

The **Premier's Reading Challenge** for 2015 has closed.

The Premier's Reading Challenge is not a competition, but aims to improve literacy and encourage students to engage in reading for pleasure and learning. All students entering and successfully meeting the requirements of the Premier's Reading Challenge will receive an official PRC certificate. Their names will also appear on the PRC Honour Roll. Certificates will be sent to our school in Term 4.

This year our Year 7 and Year 8 Self-Select English classes participated in the PRC and there were an additional two Year 9 students who completed the challenge. Next year we aim for even more students to participate in the Years 7-9 challenge.

Lilijana Ristevski

Relieving Head Teacher English

Music

Another busy term in Music is slowly coming to an end with final assessments for topics of study including Music technology, Blues and Music for film all being completed this week, just in time for our much anticipated annual Showcase concert. This year's Showcase will involve over two hundred students in music, dance and drama performances with other students in charge of light, sound and stage management. The audience will be treated to musical works from some of the biggest musical artist of the past century including Queen, Bob Marley, Eminem and Pat Benatar which are sure to delight all who attend.

Some of our students have taken the opportunity to expand their musical appreciation this term by spending a day at the Australian Institute of Music in Sydney. The institute invited the school to attend their annual musical production, The Witches of Eastwick, which told the story of three women who are enchanted by the man of their dreams, only to find out he's not what they thought. Students, ranging from Year 7 to Year 10, thoroughly enjoyed the performance. For most, it was their first time to musical theatre and already they are asking when the next show will be held.



The school's music facilities are to shortly undergo another upgrade with the introduction of recording and composition software available to all students. The introduction of Finale software will enable students to compose perfect sheet music and scores that can be given to any musician to perform. Pro tools recording suite is the industry standard for recording engineers which will see our students producing musical works that can be downloaded via the internet or burnt to a CD.

I would like to thank all the students for their hard work this semester and can't wait to see them onstage next week.

Kieran Thomson

Science Excursion to WSU Science and Maths Exposed

The day began with a chaotic ride on the bus and train to our destination- Western Sydney University.



We started the day with a mesmerising display of light and visuals to show lasers and radio waves at work.

We continued the day with a professional instructor conducting experiments and using volunteers from the audience to prove and show the importance of physics in our lives.

At the end of the day, we finished with a range of workshops around the university from holding snakes to playing on a drunk driving simulator game.



It was an educational and eventful day and we'd like to thank Ms. Attias for putting up with us for the whole day and to WSU for allowing us to attend.

Lidya Rivai

Year 10 Freedom Ride Performance

2015 marks the 50th Anniversary of the Freedom Ride. In order to commemorate the significant contribution this event has had on the changing rights and freedoms of Indigenous Australians, the HSIE Faculty organised an incursion on September 3rd for all of Year 10 and Aboriginal and Torres Strait Islander students. As Charles Perkins and the Freedom Ride is a key component of the Year 10 History Syllabus, we organised a performance from the Kinetic Energy Theatre Co which retraced the remarkable journey of the Freedom Ride.

The performance was exceptional, providing the students with a memorable depiction of this significant event that extended and reinforced the content learnt in their classrooms. The production also delivered an important message; that the actions of these individuals should be mirrored in today's society, teaching the students the importance of standing up against all forms of discrimination. The value of this experience was enhanced by the involvement of 10 students, who, with only 30 minutes to prepare their lines, volunteered to take part in the performance. I would like to thank and acknowledge the following students for their remarkable efforts: Daide Chaker, Sarah Press, Gerry Sidari, Ty Longford, Anthony Sara, Cameron Pike, Joshua Sisifa, Jireh, Aidan Schmid and Bret Owen.

Well done to all those students and the rest of Year 10 for the respectful way in which they conducted themselves and responded to the performance.

Michael Jones

Year 8 Zoonsnooz Camp

On Thursday the 27th of August, 40 Year 8 students boarded a coach and departed Seven Hills High School for Dubbo Western Plains Zoo.

Our first stop on the journey was Echo Point where students were provided an opportunity to take some photos of the remarkable Three Sisters. Following this comfort stop students learnt that not all natural landmarks are in the open for everyone to see; they require you to look a little harder, as they discovered when they explored the Wellington Caves. After some lunch, we were back on the coach and making our way to the highlight of the excursion, our stay at Dubbo Zoo.

After a quick briefing from our hosts, the students organised their tents and were treated with a close encounter with a variety of Australian reptiles as dinner was prepared. The students enjoyed a great BBQ dinner and then prepared themselves for our night tour. We watched the guides feed dingoes, went into the enclosures where we interacted and hand feed wallabies and learnt about other Australian wildlife like the koala. On our return to the campsite we were greeted with a campfire and hot chocolate before calling it a night and heading to our tents for some much needed rest after a long and exciting day.

The next morning we set off on our tour of the Asian animals, including the gibbons, siamangs and tigers. The coach then took us to the safari centre where we collected our bikes and rode around the 6km circuit, exploring the wide variety of animals at the Zoo.



After returning our bikes we began our journey home, stopping first at Old Dubbo Gaol, where we were all shocked to learn about crime and punishment in the 18th Century.



We then travelled to Bathurst for snap shot of the world famous Mount Panorama Circuit and stopped for a much needed rest before returning back at school.

I would like to congratulate all students for their excellent behaviour, in what was by far the best camp in which I have been involved and would like to thank Ms Macan and Mr Bobadilla for their hard work prior to and during the camp.

Michael Jones

Year 8 Year Advisor

Father's Day Dinner

On Thursday the 3rd of September, Seven Hills High School held its annual Father's Day Dinner to celebrate and thank all the fathers, grandfathers, uncles and brothers of the school community. The dinner was well attended and saw everyone enjoy a BBQ dinner of sausages, salads and sides, followed by a sweet treat of sprinkle topped ice creams. A special thank you to Mr Rumball for being in charge of the BBQ and cooking the feast to perfection.

The dinner allowed students to spoil their fathers and other significant male influences and reflect on all that fathers do in our daily lives. The night was a great chance for the dads to relax and mingle and even saw a few giggles from the 'Dad's Jokes' being shared around.

Thank you to all the fathers, grandfathers, uncles and brothers who attended, it was a successful evening, enjoyed by all and we look forward to you attending next year.

The Welfare Team

The Helmsman Project

Starting this term, our school was lucky enough to be able to participate in The Helmsman Project. This program is dedicated to building life effectiveness skills of young people through the delivery of an evidence-based coaching program with integrated adventure educational experiences. Seven students from Year 9 and myself have been lucky enough to partake in this incredible journey.

The beginning of August saw the launch event being held in our library, with students introducing themselves and their support person to the group. It was here that students were told that their adventure education will occur on a sailing boat. The girls were nervous but really excited for a new journey.

On the 1st of September, waking up bright and early, we all jumped on the bus and headed to Middle Harbour Yacht Club. We boarded our yacht which was going to be our home for the next two days, and began to learn the terminology to be used while sailing.



Emily Thomas started it all off with steering the yacht followed by Anastasia Roth. Kiara Walsh, Lidya Rivai, Willow Way, Jessica Kelly and Alarna Power were absolute winners at reeling in the sails and setting them to whichever way the wind was blowing. "READY

TO TACK?" if you heard this, you needed to be alert and ready to reel in or let out the sails.

I am so proud of how the girls sailed, worked together and cooperated to make sure they all received the best possible outcome from this once in a lifetime journey.

Pamela Melaisis

Careers

Year 10

TVET applications for 2016

Students who expressed an interest in completing a TVET course in 2016 have been given an application form. These forms **MUST** be returned to Mrs Slater for processing and so each student can be given a Unique Student Identifier number otherwise their application cannot be processed.

CLOSING DATE for TVET is 31st August. **NO LATE APPLICATIONS WILL BE PROCESSED BY TAFE.**

Enrolment and Subject selection forms

All Year 10 must still return their white enrolment envelope to secure their position at Wyndham for 2016. Parents/carers are asked to sign their child's subject selection form. Please return both to Mrs Slater by the end of Term 3.

Master Builders - Carpentry Pre-Apprenticeship Course – 2nd of November to the 18th of December.

This course is **FREE** for students who are considering an apprenticeship in 2016 and have completed all their ROSA requirements for 2015. This is a 7 week course – five weeks training and then 2 weeks placement with an employer who is seeking to employ an apprentice. This is a great opportunity for students who would like to consider the employment pathway prior to commencing Year 11.

Apprentice Mechanic and Chef

Please see Mrs Slater for information if you are interested in applying.

The 2015 Western Sydney Apprenticeship & Traineeship Expo is coming!

Penrith Panthers Exhibition Marquee – 123 Mulgoa Road, Penrith on Tuesday September 1, 5pm – 9pm. Free Public Entry.

Whether you are at school and looking for a career path, a parent hoping to give your child the best opportunities in life, or a teacher who wants to see their students start off on the right foot – the 2015 Western Sydney is for you. The expo kicks off the recruitment process. Businesses get the chance to collect resumes and promote their organisation for upcoming recruitment drives. Also, there will be Careers Advisors from the Nepean Careers Forum meeting with career seekers and parents on the night to discuss career options.

Year 9

Wood Turners Mentor Program (for 2016 Year 10 students)

Our school participates in a mentoring program in Terms 1 and 3 each year. The students receive individual instruction and mentoring for 10 weeks whilst learning valuable employment skills. If your son/daughter would be interested in participating in this program please **see Mrs Slater who will place their name onto a list for 2016.**

Here are a few photos of our current Year 10 students at work in the program:-



Walkathon

On September 18th, Seven Hills High School will be hosting an **'Adidas' School Walkathon**.

All students have received a Sponsorship Form to help collect sponsorship on behalf of the school. We ask all parents to read the Sponsorship Form and sign the front page to grant permission for their child to fundraise and participate in this event. In the Sponsorship Form you will find many other benefits such as the chance to win a family holiday in Disneyland!

ALL students raising \$10 or more will receive a prize. Once fundraising is complete please help your child fill out *Step 6 – How to Claim Prizes*, on the back page of the Sponsorship Form. Then tear it off and return it with all money raised to the front office on or before **9th October**. Student prizes will arrive early in term 4. There are also prizes for the roll call class that raises the most money and for the top student in each year group.

Corinne Dutt née Buckley

Grade Day – Thursday 17th September

The whole school, staff and students, will be participating in Grade Day – a day designed for students to develop their team skills. To support their identifying as a team member we are asking they dress in the following themes for the day –

Year 7 – Where's Wally?

Year 8 – Smurfs

Year 9 – Black & White

Year 10 – Army

Students have already taken home notes outlining the requirements for the day.

Any enquiries should be addressed to your child's Year Adviser.

What is an ARCO – Anti-Racism Contact Officer?

In line with NSW DET policy, all forms of racism are unacceptable at Seven Hills High School. No student, employee, parent, caregiver or community member should experience racism, including direct or indirect harassment within the learning and working environments of the Department.

I have recently been trained as the Anti-Racism Contact Officer and have taken up the responsibility from the previous officer, Mr Davis. My role is to work with staff, students and all other employees at Seven Hills High School who feel they have been prejudiced due to their:

- Race
- Religion
- Gender
- Age
- Disability
- Culture and linguistics

I may assist in putting the complaint into writing and explaining to the complainant their rights and responsibilities in relation to the procedures contained in the Responding to Suggestions, Complaints and Allegations policy. My key role is to respond professionally, as a mediator, to any suggestions or complaints regarding racism at school and to contribute together with other members of the staff to promote anti-racism education.

For more information see [information in community languages](#) and the following websites provide useful information in relation to anti-racism strategies:

www.racismnoway.com.au

www.multiculturalaustralia.edu.au

www.harmony.gov.au

www.myplace.edu.au

Lilijana Ristevski

Tell Them From Me: Partners in Learning survey



You're invited to participate in the *Tell Them From Me (TTFM)* Partners in Learning survey designed for parents and carers. This survey complements the TTFM student and teacher surveys, which focus on student engagement, wellbeing and effective teaching practices.

Why should I participate?

Parents and carers are an important and valued part of the school community. Schools can use survey feedback to make practical improvements and inform school planning.

What does it involve?

This online survey takes about 15 minutes to complete. It is anonymous and voluntary.

If you have more than one child at this school, and feel that your children's experiences differ, you can complete the survey more than once.

How can I participate?

You can access the survey in your own time, between 17 August and 16 October 2015.

Follow the link below on your computer or tablet:

https://nsw.tellthemfromme.com/j_acegi_security_check?j_username=parent18211&j_password=Sev8231

More information on the Partners in Learning survey can be found on the NSW Department of Education's TTFM website: <http://surveys.cese.nsw.gov.au/>





Seven Hills High School

Proudly Presents

SHOWCASE

Wednesday, 16th September, 7:00pm

Seven Hills High School Hall

Cost: \$10 per ticket – Family of four \$35

Visual Arts & other subject displays open from 6:00 pm

Poster design by Alisha Cochran year 10

SHOWCASE WEEK

WEEK 10 - 14TH - 18TH SEPTEMBER

Monday

Showcase Rehearsals

Tuesday

Showcase Rehearsals

Wednesday

SHOWCASE

Primary School Performance
@ 11:00am

Open displays between 6pm-
7pm - Library

Public Performance @ 7pm
\$10/ticket - On sale in the front
office

Thursday

Grade Day - Grade Dress-up theme

Session 1 and 2 with your grade

Best Dressed
Spelling Bee
Minute to win it
Lip Sync Battle

Session 3 and 4 - Whole School
Grand Finals

Lunch

Year 10 Fundraising activities

Session 5

Whole School Disco

Friday

Sport Day - Dress-up theme in your
best sporting outfit (jerseys, famous
sports person, fitness fanatic, PE
uniform etc)

Session 1 and 2

Sport Rotation

Session 3 and 4

Walkathon

Session 5

Touch Football: Teachers -vs- Year
10 Students

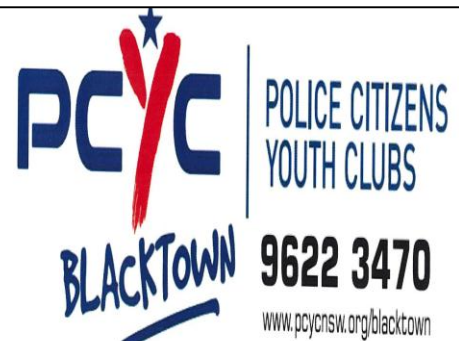
Get Fit ! - PLAY Touch



Under 8's to 16 years
Boys Girls & Mixed Divisions
Open Mens Mixed & Supertouch
Masonic Oval Baulkham Hills

Register Now !

0433-7666-55



ACTIVITIES

- BOXING BASKETBALL JUDO WEIGHTS FITNESS
- MARTIAL ARTS SOCCER GYMNASTICS VOLLEYBALL
- DANCING MUSIC & CREATIVE ARTS TOIP & SDC
- KIDZCARE KIDS SPORTS PARTIES FUNCTION HIRE

SPARTANS RUGBY LEAGUE

ALSO CASUAL HIRE & WET WEATHER BOOKINGS



KILDARE ROAD MEDICAL CENTRE

INTRODUCING 3 NEW DOCTORS...

Dr. Stacie King – interested in chronic conditions, gastrointestinal and musculoskeletal medicine.

Dr. Carol Moon – interested in chronic conditions, mental health and antenatal care. She speaks Korean.

Dr. Johnson Osei-Hwedieh Jnr – interested in men's health, preventative medicine and tropical medicine. He speaks French, Ga and Twi

To make an appointment
book online at kildaremedical.com.au, download
Appointuit App or call Reception on 8822 3000

OPEN EVERY DAY 8:00AM TO 8:00PM

WALK-INS WELCOME

36 Kildare Road, Blacktown 2148 (next to Westpoint)

School Uniform

Seven Hills High School has a policy of expecting all students to be in **full school uniform every day**.

We care about our students and their image in the community. The way students present themselves conveys a strong message about themselves as students and our school. Seven Hills High School has a strict uniform policy and therefore a NEAT AND TIDY appearance at all times is essential.

SCHOOL UNIFORM REQUIREMENTS			
BOYS		GIRLS	
Shirt:	White shirt or white polo shirt. During winter a white long sleeved top is acceptable for extra warmth to be worn underneath school pullover. A white, green or black scarf is acceptable in winter.	Blouse:	White school blouse or white polo shirt. During winter a white long sleeved top is acceptable for extra warmth to be worn underneath school pullover. A white, green or black scarf is acceptable in winter.
Trousers:	College grey trousers.	Trousers:	Tailored bottle green trousers
Shorts:	College grey shorts.	Shorts:	Tailored bottle green shorts.
		Skirt:	Bottle green skirt (with inverted pleats).
Pullover:	Bottle green pullover or jacket.	Pullover:	Bottle green pullover or jacket.
Jacket:	Black fleece-lined jacket. CAN BE ORDERED FROM SCHOOL OFFICE FOR \$35.00	Jacket:	Black fleece-lined jacket. CAN BE ORDERED FROM SCHOOL OFFICE FOR \$35.00
Socks:	White socks covering the ankles.	Socks:	White socks covering the ankles. Black tights may be worn during winter.
Shoes:	Black, enclosed leather, lace – up school design shoes. Shoes made of canvas are unacceptable.	Shoes:	Black, enclosed leather, lace – up school design shoes. Shoes made of canvas and ballet slipper design shoes are unacceptable.
PE Shirt	Available from Front Office for \$37.00	PE Shirt	Available from Front Office for \$37.00
PE Shorts	Plain black	PE Shorts	Plain black
Hat:	School colours (black, white, bottle green) only.	Hat:	School colours (black, white, bottle green) only.